

# RED LEVEL LOWDOWN

10 FEBRUARY 2022



The Community Bubble Team

The Residential Bubble Team

Kia ora Family, Friends and Students,

It hasn't quite been the exuberant start to the year we had hoped for but the Activity Centre is making the most of what we can do and are able to offer and we are all settling into the new 2 bubble routine in Red Level. For some students this is the first time they have attended with this set up and for others this is familiar from last year. This has been disappointing for many but everyone has been enjoying being back with friends and staff after the long hiatus!

The students in the residents bubble were all very excited to have a visit from Master Chef Mike! He has been popping in once a week to run a socially distanced cooking session in the hall and has so far made a delicious Chicken Cabanara and Chocolate Brownies! The Ranfurly Chefs have been whipping up lots of meals to use at the House if required during this unsettled period.

A new group this year is the Comic Graphics group. This group is run by Hank Snell who has received funding to work with some of our students and teach them to share their stories in comic form. We are working towards having these comics published in some form and shared in the public domain which is an exciting prospect for everyone to have their voices heard.

As many of you know Brett is no longer teaching our Drama sessions but the students have been having a great time getting to know our new drama teacher Katie. The group has been having fun using their bodies, improvisation skills and creativity to express ideas through acting. Everyone finishes the session with big smiles on their faces!

Another new addition to our Activity Centre program is the addition of Maori Culture taught by Allan. Each week he works with the residents and our community students on zoom to teach them Waiata, Te reo and Maori culture. Everyone loves to sing along with Allan and his guitar and it really is a highlight in the week for many students.

As you can see we have many new additions to our Activity Centre programme and over the next few newsletters we will highlight some of these groups and give you some more information about the Staff and the groups they are running in a new section in our newsletter called "Get to Know". This week we are introducing Hannah who has been an essential part of helping students cope with the challenges of the covid pandemic and other personal life challenges and who is now on our weekly Activity Centre timetable.

We are taking each week as it comes and trying to offer as many activities as possible. We will review our level of community participation, but currently all our community trips are in the outdoor environment only.

From the Activity Centre Staff ☺

# GET TO KNOW: HANNAH KIFT



Hannah Kift is Ranfurly's Wellbeing Social Worker and Counsellor. Hannah has been working with the students and staff both in individual sessions and in group settings helping us to learn more about ourselves, how to manage tricky emotions and strategies to help deal with challenging situations that life throws our way that can be difficult for individuals with intellectual disabilities to understand and express.

Hannah has been essential in helping our Ranfurly community to navigate through the challenging landscape of the covid pandemic. It sure has been difficult having to cope with so many changes to our routines and feeling so out of control!

The Activity Centre is lucky to have Hannah currently (in Red Level) working with all the Residential students in a group setting twice a week on Thursday and Friday and everyone has enjoyed having the chance to express themselves and share their feelings and learn about social and emotional wellbeing.

Many students have also been benefiting from one to one sessions on a regular basis. Hannah always makes things lots of fun! Hannah has set up sensory fidget boxes in all the Ranfurly venues and the Activity Centre can report this box is in high use!

**PRACTISING BREATHING WITH BUBBLES!**



**HAVING FUN WITH THE BREATHING BALL**

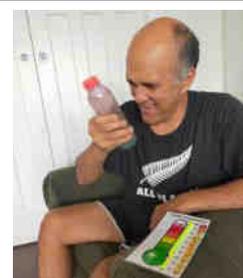


**LEARNING ABOUT MIND JARS**



**COMMUNICATION WITH HANNAH - READING A BOOK TOGETHER**

**EXPLORING AND USING THE ITEMS IN THE SENSORY BOX**



**FIJA  
LEARNING  
ABOUT THE  
MIND JAR**



**HASINI CREATING WHALES AND DOLPHINS**



**BALDRIC PAINTING OUR UNDERWATER ENDANGERED SPECIES MURAL**



**NOAH MADE A CHINESE LANTERN**



**CHRIS, SPENCER AND IAN WENT ON THE WHALE TRAIL TOUR**



**ALEX HELPED TO PAINT THE UNDERWATER BACKGROUND**



**SCOTT MADE A CHINESE LANTERN**



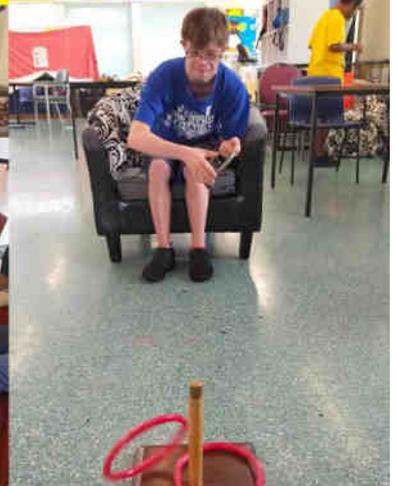
**MASTER CHEF COOKING CLASS**



**KEZIA CREATED A DISPLAY ABOUT ENDANGERED ANIMALS**



**THE RESIDENTS WERE EXCITED TO SEE MKE**



**DAVID ENJOYED PLAYING SOME GAMES THIS WEEK**