

RED ZONE LOWDOWN

28 FEBRUARY 2022



Aimee, Vicki, Fila and Warren went out on a mindful walk with Hannah. These photos can remind us all to take time to enjoy the small beauty around us everyday.

Kia Ora students, family, caregivers and friends,

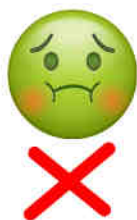
We hope you are all managing to stay safe out there! We love these photos of some of the residents taking a mindful walk with Hannah. They all enjoyed being in the present moment and using all their senses to enjoy things around them. This practise of mindfulness can be so helpful during stressful times!

As covid case numbers continue to climb across the country the Activity Centre is working hard to try and manage the needs of our community and residential students as well as keeping everyone as safe as possible within the limitations from the Government and staffing. The smell of sanitiser and tutti frutti cleaning product is strong at the Activity Centre! The Activity Centre is still open with limited numbers attending each day - these limits are important to help with social distancing and keeping the bubble small and safe so thank you to everyone for reducing your days and staying home.

Some of our students are not able to attend at all as they live in residential settings where they are in lockdown. Due to the fact that many of you might have a bit more "at home time" than usual the Activity Centre will be starting to provide a small, temporary digital service again. As most of you are still attending some days on site we will not be able to offer quite the range or level of online service as last time - unless we figure out a way to clone ourselves!

The Staff have been dodging covid virus bullets left and right trying to stay safe and healthy for you all and it's a busy time at the Activity Centre everyday! Melissa will be operating remotely to keep in contact with as many of you as possible in your home bubbles!

Don't forget to check your health before thinking of coming to the Activity Centre! If you are not 100% well please stay at home! If you have any doubts please give us a call.



From the Activity Centre Crew

GET TO KNOW: HANK SNELL



Hank Snell is one of the Activity Centre's new contractors. Hank is a community film maker, art tutor and support worker in the disability sector. Hank has made more than one hundred community films with disabled people for two decades in New Zealand and the UK. Some of you may remember the film he made with some of our Ranfurly Students called Our Story: And other important things.

Hank has been running creative arts workshops with some of our students teaching them to tell stories using photo comic strips. Each person is encouraged to share some of their stories and Hank has been helping each person to expand on their ideas and imagine it in comic form. Each persons story focuses on things that are important to them such as personal goals, wishes or dreams.

Students have been learning to create photographs, come up with costumes and poses and are learning to use basic comic elements such as speech bubbles, text panels and graphics to help tell their story.

Below are some samples Hank made using photos and quotes from "Our Story: and other important things. The students are looking forward to making their own!

