

Ranfurly Care

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A BRIEF CATCH-UP

LINDA NELSON

I trust you have all had a chance to check the new website which Cindy has worked tirelessly on with updating the ever-changing photos. The years of previous special events, etc. have been carried forward making the site current and historical viewing. The past is something we must preserve as from the beginning of 1991 we have had the honour to meet so many amazing supportive families and staff. Sadly, over the thirty-two years since its inception, many have passed away but are still remembered and often spoken of by staff, residents, and students through the media of collective photos and DVDs. We will always be indebted to so many for their extensive generosity from friends and families who have donated legacies such as Duncan House that so many are able to enjoy now and in the future.

2023 is certainly proving weather-wise to be challenging for staff trying to plan trips and outings as we experience all seasons in one day. The recent heavy rainfalls, flooding, and cyclones have also resulted in new higher Government insurance levies caused by the recent natural disasters.

On the 8th of May, Duncan House experienced extensive flooding, particularly affecting the front bedrooms. However, we're working on a solution by installing a stormwater pump station and redirecting water from problematic areas. Exciting changes are underway at Arkles Bay home with the installation of the Vestner lift, which was ordered back in August and finally arrived at the end of April.

The recent COVID/flu outbreak has been very disruptive with new cases daily, affecting eight staff and 18 residents, however, I can report everyone has recovered well.

We will all miss Ianna due to her husband's employment as the family is moving to live in Dunedin in the first week of July. We are pleased to announce Chris Atienza has accepted the role of nurse/home coordinator. Chris has nursing and hospital experience in the Philippines and will be attending the New Zealand Unitec competency assessment for New Zealand registered nursing qualification this September. The management team is very blessed that our highly qualified Grace Gonzales has accepted her new role as the Mews Coordinator.

We have been fortunate to recruit three new staff, Rosemin Cinco, Natalia Nesterova, and Christina Tom, for the Mews. Jo is overseeing placement for two staff to attend their community Diploma in Community Health Care and service at level seven therefore currently we have two staff working 60 hours in the home on placement.

We are fortunate to have so many nursing and qualified staff on board. Hannah our Social Worker continues to meet the needs of the residents, students, and staff, providing emotional support and working with a prevention focus on an individual basis to address psycho, social, and emotional needs. Time spent liaising and working with staff and the individual to improve social interaction and address behavioural challenges.

Clive is overseas for three weeks returning on 20 June and you will all be happy to learn that Melissa has confirmed she is returning on 19 June for two five-hour sessions a week. All students are missing Stephanie Gouldstone who resigned from her contract at the beginning of April. As we all know there is nothing more current than changes so with new staff, new classes have now started. Activity staff member Stuart Graham is taking a new woodwork class and reading sessions. Isla is taking Māori craft and language for a group of students. Mark Cusack is employed for 3 days supporting the students with their daily activities/outings and 2 days focusing on Activity Centre Lifestyle Plans and Goal planning as he did in Ireland.

I look forward to seeing you all this Sunday the 18 June in the hall at 3.30 for a cuppa at the important meeting to approve the proposed new constitution. If unable to attend a proxy vote would be appreciated.

Blessings to you all.

HANNAH'S RELAXATION GROUP

The ladies participating in Hannah's relaxation group are enthusiastically exploring the benefits of mindfulness and yoga, which are invaluable tools for promoting positive well-being and establishing a strong mind-body connection. In their sessions, they have been creating imaginative and enjoyable yoga story flows.



A fun yoga story flow.
 The lion ran out of the gate.
 The lion then met up with the elephant and they were both spotted by a helicopter.
 But the helicopter needed to be careful to fly around the mountain that was tall and stretched to the sky.
 While the helicopter was flying around the mountain it also spotted a rainbow, then a bird flying through the sky.
 The bird then drifted through the clouds where it became peaceful just like the fluffy soft clouds floating and drifting through the sky.

The posters above showcase one such engaging story from our recent group session. We encourage you to try it out at home and experience the fun for yourself!

AIMEE CHRISTINA LIM

My favourite colours



My favourite Songs

"Oh Holy Night" Christmas.
Different language songs.
Sing soprano opera.

My favourite drinks

Tea, hot chocolate, coke.

My favourite food

I like seafood, Malaysian food, and
Roast Chicken.





I WOULD LIKE TO SHARE WITH YOU

APMGE CHRISTINA LPM



Hi Aimee, what else would you like to share with

us? I would like to share with you my Real Middle name, my middle name is Christina

I was Born on April 1st 1990 in Auckland New Zealand. My favourite shapes are Hearts and Flowers. Stars
 I also like to share my favourite Hobbies which are singing, talking in different languages -
 I am very sociable and love going to different places - My favourite Animals are Hammingbird,
 Cheetahs, Butterflies, Dolphins and Dogs because they are very cute Animals.
 I love People My Family and Friends - I love Jesus
 I love celebrating Chinese New Year and Christmas - I have got Williams Syndrome
 I love watching Chinese New Year and Christmas movies especially Walt Disney movies
 I love going to cinema watching Romantic movies especially Walt Disney movies
 My Mum is from Singapore My Dad is from Malaysia Kuching Borneo Sarawak
 I have got one older Sister her name is Rachel she lives in Melbourne
 I also have got one younger Brother his name is Calvin he also lives in Melbourne
 My Favourite Fruit are strawberries, cherries, Ruby Livia and Kiwi Feijoa, Persimmon
 This is my 6 years living at Ranfurly House Amazing
 I am Ranfurly House Representative leader
 I love pretty cute things that are very blingy and sparkly
 I love hearing jewellery hearing pretty clothes
 I don't like Loud noises because it hurts my ears
 I am working very hard on mindfulness when I am feeling down I want to work very hard
 on being positive. I go to special olympics Bocce and Indoor Bowls
 I love going to Activity Centre my favourite activities are singing dancing craft drama
 I love classic Romantic music I also love opera music - I also love singing in different languages
 I love talking in different languages my favourite language is Bahasa Malay I like it when I can talk to people
 from different countries with their language. I love manicure getting my Nails Done Red and Gold
 I love going on computer watching Youtube Funny stuff - My favourite TV programme is
 Animal planet and American Idol - I love eating sweet desserts My favourite dessert
 is Malaysian Kuih and New Zealand Pavlova very yummy
 I can't eat spicy food because its too spicy - I can't wait to put my name on my Door





Duncan House outing with Michael, Keith, David, and Steven



Warren, and Filia celebrating Carolines Birthday



Ian at the AC Kings Coronation



Alex at the AC Kings Coronation



Drum Group with Jaimee



Drum Group with Izzy



Paint Group with Karen S



Fabric Paint Group with Hasini



Cooking Group with Robert



Operatunity with Clare



Paint Group with Archie



Paint Group with Va



Linda and Pam at CMA playing Bingo



CMA Crafts with Susie



CMA Crafts with Jan G



Baking afternoon tea for Ranfurly residents



Cake was delicious!



Activities at Ranfurly with Elisabeth



Mews residents at Crystal Mountain



Mews residents at Crystal Mountain



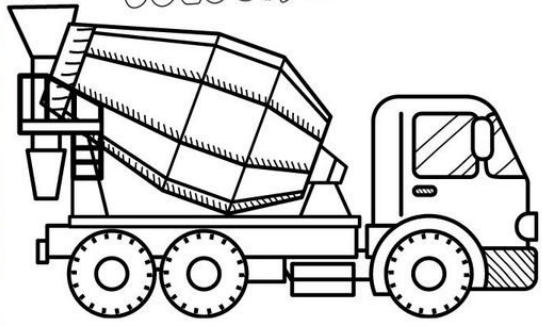
Coffee outing with Andrea and Christie



Russell and David singing Pökarekare Ana



COLOUR IN TRUCK



A GLASS CEILING ARTS COLLECTIVE PRODUCTION

JACKIE
CLARKE

LILY MAE
IVATT-OAKLEY

MUSIC BY SAM
JONES



FOR HEARTS THAT GALLOP

SPARK LIVE

A MULTISENSORY THEATRE PRODUCTION

CREATED AND DIRECTED BY CHARLOTTE NIGHTINGALE

TOURING AUCKLAND AUGUST 2023

FOR DETAILS AND TICKETS SEE WWW.GLASSCEILINGARTSCOLLECTIVE.COM

[Click here to book tickets to Spark Live](#)



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