# RANFURLY CARE

EST. 1991







# WELCOME APRIL ARAGON RANFURLY CARE SOCIETY'S NEW GENERAL MANAGER

Last November, we introduced you to April Aragon, Assistant General Manager. Now, we introduce you to April Aragon the new General Manager of Ranfurly Care Society!

April's journey with Ranfurly began 11 years ago, starting at Ranfurly as House Coordinator, then moving to Duncan House in the same role, and eventually returning to Ranfurly House as both House Coordinator and Nurse. This extensive experience has uniquely prepared April to step into the role of General Manager.

In our search for Linda's successor, someone who understands our community – staff, residents, and families — along with our systems, processes, and policies, April stood out with her skills, experience, and empathetic understanding. We are fortunate to have found such a capable leader within our ranks.

We extend our best wishes to Linda as she transitions into semi-retirement, where she will continue to support us in building maintenance and improvements and general administration including payroll.

Linda will also remain part of the senior management team in her role as coordinator.

Please join us in warmly welcoming April into her new role as General Manager, effective 1 July 2024.

We look forward to the journey ahead with both April and Linda.

Vicky Dick
Ranfurly Care Society Board





It has been a poignant time filled with sad farewells, as we reflect on the impact of those we've lost in recent months.

In May, we bid farewell to Clare Stapleton, our joyful Activity Centre student. Clare's bright smile could light up any room, and her cheerful disposition was a great source of happiness for everyone around her. She was always happy and friendly, and she enjoyed chatting with others. Clare had many interests, but one of her greatest passions was Michael Jackson. We hope you get to moonwalk with MJ up there, Clare. She was also very close to her family, and we wish them all the love and support during this sad time, especially her mum, Joan.



It is with great sadness that we inform you of the loss of our longtime resident and student Philippa (Pip) Hall who passed away surrounded by her family at her sister's home on Sunday morning.

She has now joined her recently departed mum and dad, Maureen and Maurice and of course her beloved brother Michael.

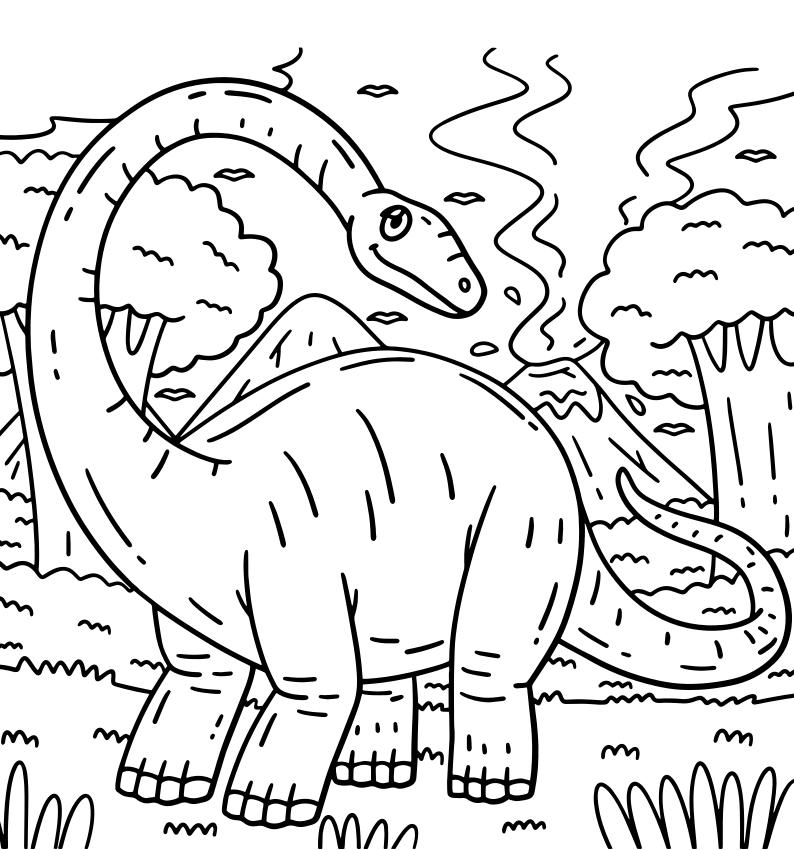
Our deepest thoughts and prayers go to Pip's family who surrounded her with so much love and support over these last few weeks. We would also like to acknowledge the many residents, students and staff for who Pip was a wonderful friend, flat mate and buddy. In particular we are thinking of Craig who was a special friend to Pip.

We take peace in knowing that there is one more angel above us.





# COLOUR IN WITH ACTIVITY CENTRE

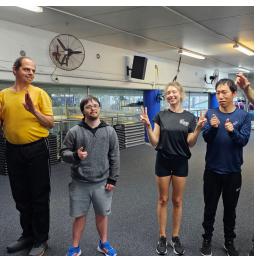














## ACTIVITY CENTRE Feb - May 24

#### Top Left to Right:

- ₹Noah rocks the rink with a trophy win!
- Celebrating Rebecca's epic birthday bash!
- lan and Rudon sparkle with a spotless van!
- Mark, Max, and Daniel cooking up a storm!
- 'Y' Natasha's our awesome new gym guru!
- Grumming beats with Sid and the crew!





Turning holiday jars into potted joy!

With Sophie's green thumb guidance, our students painted and potted succulents for a festive spin on gardening fun!























Guess who conquered the climbing wall? Anna did, and it was epic!

With Aimee cheering her on, they turned a goal into a reality, reaching new heights together.

Ready to set your own goals? Let Anna and Aimee inspire you to aim high and go higher!





**Mon 26 Feb:** We gathered excitedly at the activity centre for our Ranfurly Holiday (Hararei) to Orongo Bay. After farewells, we left Ranfurly around 9:30 am, stopping for lunch (tina) in Waipu. Arriving in Russell around 4 pm, we took the ferry across and settled in at Orongo Bay. Mark treated us to a delicious dinner of pulled lamb (reme), vegetables (huawhenua), and nachos before a relaxing evening.

**Tue 27 Feb:** Up at 8 am for a hearty breakfast, we began with a ferry ride and a visit to Waitangi, where we learned about the Treaty of Waitangi and enjoyed a cultural show. We then explored Kerikeri, visited a waterfall, and indulged in Makana chocolates. Back in Russell, we had a fun pizza night.

**Wed 28 Feb**: Today was Katy's birthday (huritau)! We started with a beach swim, followed by a picnic and pool time at the lodge. Katy was surprised with a birthday cake and shared it joyfully with everyone.

**Thu 29 Feb:** Sadly, it was time to leave Orongo Bay. We stopped for morning tea in Whangarei, enjoying hot chips before returning to Ranfurly around 3:30 pm, ending a fantastic holiday.



ORONGO BAY HOLIDAY PARK RUSSELL, BAY OF ISLANDS 26 – 29 FEBRUARY 2024





























EXPLORE AUCKLAND
WITH VIVI FROM THE US! 6

Check out some of our snapshots from our adventures with Vivi!

Exploring local gems, soaking in the vibes, and making memories to last a life time.

Join us on our explorations of Auckland!













Poppy's active Activity Centre goal was to do a manageable hike at the Waitakere Ranges with the support of some friends. Starting at the Arataki Visitor Centre, they soaked in breathtaking views of the city and Manukau Harbour from the lookout. Along the way, they encountered stick insects and forest geckos, making for a fun day of exploration. Congratulations, Poppy and friends! 19 Feb 24















Meet our Volunteer of the Month, Ihab Mashal!

From table-tidying to floor-sweeping and everything in between, Ihab's the AC superhero we can always count on!











# **Duncan House Visit**

#### GEOFF'S EMPORIUM EMPOWERING GREATNESS!

Apr 24

Ladies enjoying their work experience at Geoff's Emporium, where every day is a journey of growth and achievement.

#### See us as we thrive and shine!





Ike's and Geoff's Emporium have been delivering exceptional value to customers from all walks of life for over 40 years.

We aim to help people find what they are looking for to complete any project.

We stock everything and anything including fabric, haberdashery, party and dress up supplies, art supplies and much much more.







We embarked from Half Moon Bay, kicking off with yummy coffees and hot chocolates at Vino Vino, soaking in the sunny waterfront vibes.

Next stop: Onoroa Beach! We devoured our homemade lunches and strolled along the sandy shores, basking in the sun.

Although our dolphin quest on the ferry didn't pan out, it was a fantastic day under the bright skies.

We're looking forward to more sunny escapades ahead!

















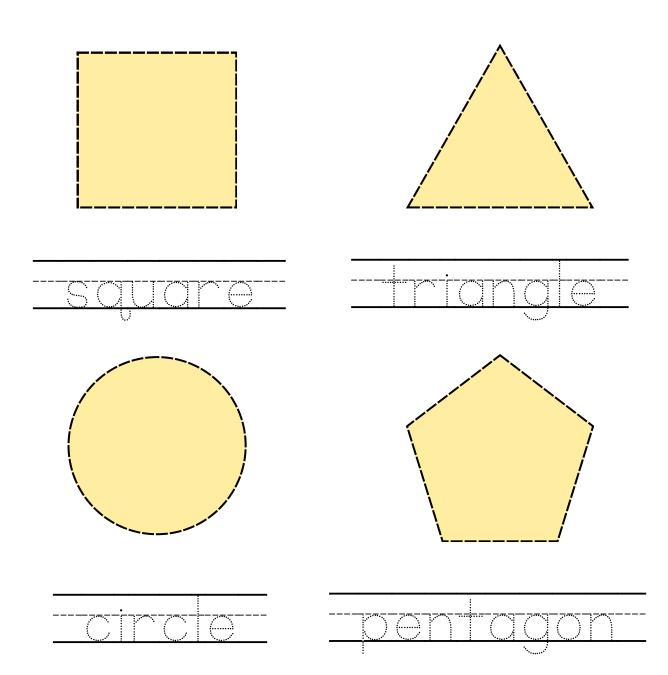


# Adventures at the Activity Centre: Mar - Jun 24





Trace the shapes and words below. Read the word aloud.





#### **CORNWALL PARK**

# WORLD OF CULTURES: A MULTICULTURAL FESTIVAL CELEBRATING THE DIVERSITY OF TĀMAKI MAKAURAU AND ITS PEOPLE.

06 April 2024







Linda, Peter, and Munija had a blast at today's World of Cultures festival!

They enjoyed the lively music, savored some delicious snacks, and were captivated by belly dancing and Chinese dance performances. Munija, a music and dance enthusiast, was in her element.

It was fun and enlightening - a great time out!



Over the past few months, our residents at Mews have been buzzing with activity.

Monday to Friday, our residents are immersed in their daily classes and community engagements at the Activity Centre. Evenings are spent honing their living skills through cooking, baking, and light cleaning of communal and personal spaces, while their down time is hanging out watching TV, playing games or just quiet time in their own space.

Weekends are a time for a bit of freedom and choice, with residents actively participating in deciding their outings and activities. We ensure a diverse range of options, including leisurely community walks and various outings such as festivals, shopping trips, movies, and café visits.

Each month has been packed with experiences:

March: Explorations at Barry Curtis Park walks through Cornwall Park and Eastern Beach, and a meaningful Good Friday at church.

April: Invigorating morning walks guided by Helen, Aimee Lim's transition to Mews from Ranfurly House, communal dinners with Caroline, and memorable visits to Torpedo Bay and Ambury Farm.

May: Enjoyable outings to Lloyd Elsmore Park, Pentecost Mass celebrations, relaxed movie times, and delicious meals prepared by Andrea.

June: Andrea's exciting day out in the city, leisurely strolls through Parnell and Devonport to appreciate the beauty and refreshing visits to Milford Beach and Dove Maersk Park.

We strive to keep our residents active and engaged, catering to varying interests and ensuring everyone feels included and enthusiastic about each activity.



















# MARCH 2024

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# MAY & NUME 2024

















# Ranfurly House stick(ers) it to 'em







### Ranfurly House News

Ranfurly House has seen some changes recently, with Janice from the Mews and Frances from Cornwall Park joining us, and Russell has moved into Bobby's old room. Aimee has also relocated downstairs to the Mews.

Our residents have adapted well to the changes, and we still see our friends every day at the Activity Centre and on weekends.

Aside from these updates, everything is going well! Here's a glimpse into some of the outings and activities we've enjoyed over the past few months.

















# Social Wellbeing

It's great to see Russell's growth and integration into Ranfurly House. He eagerly participates in household chores, proactively lending a hand without prompting. His keenness in daily living skills continues to improve, as he learns to manage his personal care with increasing independence, supported by our staff.















# **Family Time**

Many of our residents are fortunate to have regular visits from family and friends, which we actively encourage. These visits are uplifting and foster social connections and personal growth. We understand everyone has busy lives, these moments of support and love from loved ones are invaluable to our residents.









