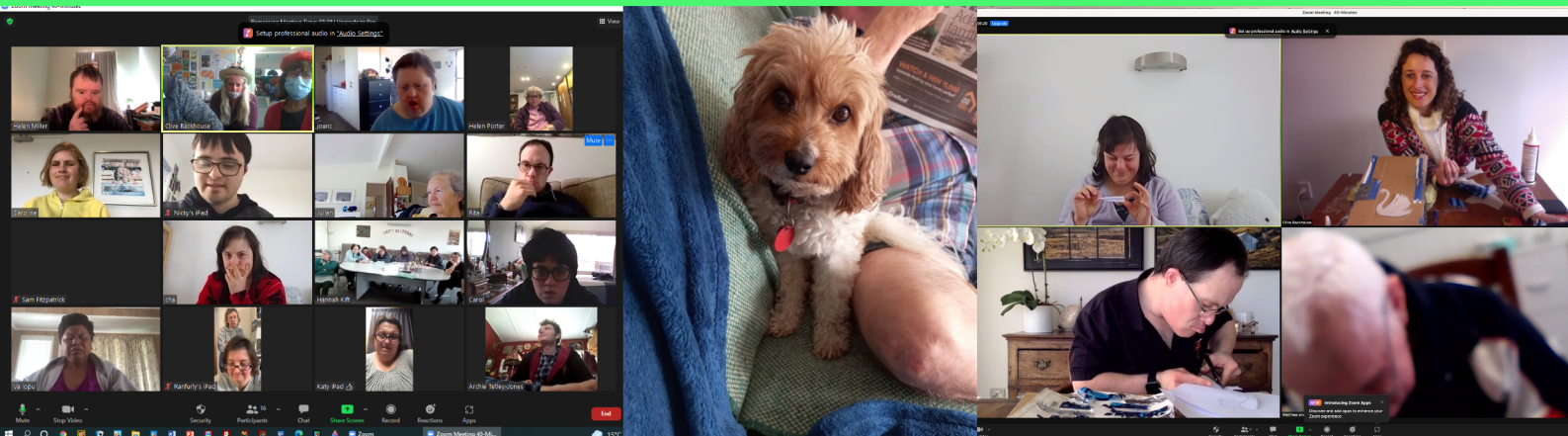


LOCKDOWN LOWDOWN

1 SEPTEMBER 2021



We have loved seeing lots of you on our Zoom sessions from the safety of your lockdown Bubbles

Dougal is sick of lockdown and wants to see all his friends again

This week Chris, Mark, Kezia and Alex enjoyed doing some art via zoom

Kia Ora Everyone,

We hope you are all doing well and staying safe in your bubbles. It sure can be hard! Dougal has had enough and has been whining and asking when he can see all his friends again at the Activity Centre. He is also missing sneaking some chips on Fridays! I bet some of you are feeling the same! Over it!

Thank you to everyone for joining us on the chaos that is zoom! We love seeing all your faces and getting the chance to chat, exercise, quiz and say Hello! When we are in our bubbles it can be a bit lonely and boring, sometimes just seeing a friendly face on zoom can really help. The staff are really nailing that "Big Red Car" choreography and singing routine! It's something to look forward to and we hope the zoom timetable helps to provide some structure to your lockdown week.

This week we sent out a photography challenge to create some interesting portrait photographs. We asked you to design a character and dress up or dress someone else up and take some photos. We have had some fantastic photos so please keep sending them in! We will put them into a video.

We are really enjoying seeing what you have all been doing in lockdown so please keep sending us your emails, photos and videos for our weekly "What have you been doing in Lockdown" video. It's so important to keep in touch with friends and family with whatever means possible so we hope these videos help keep you connected.

We hope you have been enjoying watching our video content on youtube new and old! Our latest content includes cardmaking, scone baking, dance tutorial, art with recycling and nature art. We've had a few special guests like watermelon man and Master Chef Mike! The Activity Centre team have been putting out new videos most days but remember you can always scroll back through the videos to find great treasures like Pacific Elvis or a workout with Rudon.

If you are finding things hard or you just want a friendly chat don't forget we are just a phone call or email away so please get in touch.

Well the santiser bottle is calling and zoom is about to start and we need to put on our silly hats, another day in lockdown at the Activity Centre is about to begin.

Take care and stay safe,

The Activity Centre Crew :-)




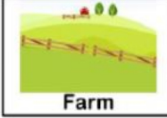
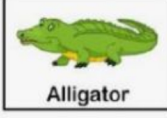
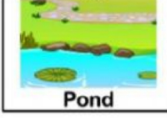




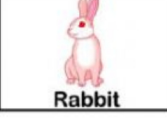



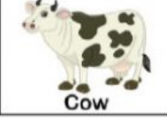

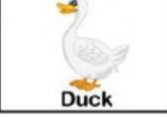
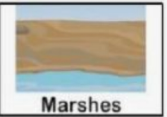


Spring Edition

word search 



BLOOM EASTER MAY ROBIN
 BUNNY FLOWERS RAINBOW LADYBUG
 SPRING MARCH PUDDLE RAINCOAT
 BUTTERFLY APRIL TULIP

Match the Animal to the Habitat

 Hippopotamus	•	 Barn
 Elephant	•	 Farm
 Alligator	•	 Pond
 Zebra	•	 Burrow
 Bear	•	 Pen
 Rabbit	•	 Cave
 Sheep	•	 Grasslands
 Cow	•	 Forest
 Duck	•	 Marshes
 Turkey	•	 Lake

- Answers:
 Bird Quiz
 1. Wood pigeon
 Kereru
 2. Kakapo
 3. Tui
 4. Fantail
 Piwakawaka
 5. Sparrow
 6. Blackbird
 Manu Pango
 7. Waxeye
 Pihipihi
 8. Seagull
 9. Tomtit
 Miromiro
 10. Duck
 Rakiraki
 11. Kiwi
 12. Pigeon

- ### Maths
- Dougal chases Milly the cat 2 times a day. How many times will he have chased the cat at the end of a week?
- Melissa made 10 scones. Russell stole 4. How many were left?
- Glynis had a box of 12 colourful hats. She wanted to wear 2 different hats everyday. How many days until she ran out of new hats to wear?
- Manori wanted to make a fathers day card. She needed 1 pair of scissors, 2 pieces of paper, 3 pens and 1 glue stick. How many items did she need?
- Rudon was singing karaoke very loud every night. He had 5 neighbours. Each neighbour made 2 complaints. How many complaints were made about Rudons singing?
- Wendy has 5 cats. Each cat has 1 plate, 1 blanket and 1 cushion. How many items does Wendy have for all her cats?
- Jessie baked 12 anzac cookies. Clive ate 3, Rudon ate 4, Suzanne ate 2 and Manori ate 1. How many were left?
- Suzanne did 10 minutes on the treadmill everyday for 1 week. How many minutes did Suzanne clock up by the end of the week?
- Mike had a box of 50 Maltesers. He ate 5 every day. How many days till he ran out?

- Answers:
 Maths
 1. 10 barks
 2. 15 Hulks
 3. 11 items
 4. 3 rooms
 5. 8 bad coffees
 6. 36cm
 7. 4 days
 8. 300cm
 9. 5 cupcakes

Answers for this week will be in the following Newsletter

- ### True or False Quiz
- Scones are a form of dough
 - Dougal is a labrador
 - Dogs are allergic to chocolate
 - We are in the Winter season
 - You can recycle tin cans
 - Coffee and Tea contain caffeine
 - John Key is currently the Prime Minister
 - Fingernails grow at 0.6mm per week
 - Crisps count as a vegetable in your diet
 - New Zealand used to be connected to Australia and Antarctica



MAKING NATURE ART

CAN YOU GUESS WHO IS BEHIND THE MASKS?

KEZIA TAKING BEX FOR A WALK



ARCHIE IS KEEPING FIT DOING EXERCISE VIDEOS!



NICOLE MADE CHOCOLATE BROWNIES



GREAT QUOTE THERE HELEN!



BOBBIE LEARNT TO MAKE CHOUX PASTRY



THE MEWS LEARNT THE TUTTI FRUTTI DANCE



Make a Fathers day card with Manori



