

LOCKDOWN LOWDOWN

10 NOVEMBER 2021



Dear Friends, students and families,

As you are probably aware from Jo's recent emails the normal routine of Ranfurly is unlikely to resume soon. Ministry of Social Development and Ministry of Health consider vocational centre's a place of high risk and as such will be cautious in giving us the go ahead to reopen. With Christmas only 45 days away it is hard to imagine we will be able to enjoy our usual festivities and the chaos that is our Festive season!

For all of us the lack of hugging friends and family, the inability to see family in distant lands, and the distancing from our fellow humans (on many levels) has been challenging and at times hard to comprehend. Our Ranfurly family is no different.

Students, residents and staff have been in various bubbles and with the help of technology and good old human ingenuity have been able to chat and see each other. We may have even gone wild and had a picnic!

But as time drags on we need to reboot these connections and remember that Ranfurly is about friendship, laughter and community.

As such we are going to be out and about in a suburb near you (scary eh!) visiting students from the safety of the driveway and giving the chance for Reconnection between friends/staff.

We will contact you to see if you would like a visit OR even better you get on the phone and contact us!

Also we have had some wonderful sessions on Zoom but we have missed seeing a number of people. Monday afternoon will be Zoom for the technology hesitant and we will see how many more we can get online to see friends. We understand technology can be scary and zoom at times has reduced most of us to tears of frustration; but when it works it gives us a chance for interaction and the chance to sing, gossip, laugh or just watch. Our technology Guru's Rudon, Mellissa and Dougall will be available to help and will be here to talk you through things.

Recently I met a student who believed his friends had died as he had not seen them for so long. This sad belief was heartfelt and his wonder at seeing them walk across our carpark was emotional and joyous. We must do everything in our power to ensure friendships are rekindled and explain that people in the Ranfurly community are safe and well. Simple things like printing out the Newsletter and showing it to your family member, showing your student the daily youtube videos, taking photos and sending them in for "What are you doing in Lockdown" videos and joining a zoom sessions all help keep connection going. As family members, staff and caregivers we can choose to be the enablers or the disablers to students ability to access their Ranfurly Community. Thank you to all of you who have done everything in your power to keep people connected.

Take care, stay safe
Clive and the Ranfurly team



JAMIEE AND HER FRIDA KAHLO ART



STEVEN, MICHAEL, AIMEE AND FILIA ENJOYING SOME SPORTS



SELF-PORTRAIT BY CHRIS INSPIRED BY FRIDA KAHLO



GAME OF BADINGTON. GO WARREN!



VICKI WORKING HARD ON A PUZZLE

SOME EDUCATIONAL GAMES WITH RANFURLY HOUSE



ANDREA AND SHELLY ENJOY A GREAT GAME OF QUOITS



JOANNE MADE THIS FRIDA KAHLO INSPIRED SELF-PORTRAIT



PETER MADE THIS FRIDA KAHLO INSPIRED SELF-PORTRAIT



A GORGEOUS FLOWER ARRANGEMENT BY SHELLY



ELISABETH AND SUSIE KEEPING AN EYE ON ACTIVITIES



MUNJIA MADE SOME FRIDA KAHLO ART



HELEN HELPING TIDY UP THE LEAVES IN THE CARPARK



PHILIPPA ENJOYING PLAYING GAMES



DAN'S PIZZA KITCHEN



MEWS CREW ENJOYING DOING THEIR ACTIVITIES IN THE SUNNY COURTYARD



JANICE, CHRISTIE AND SHERI TAKE A COFFEE BREAK



KEITH WORKING HARD ON HIS FRIDA KAHLO ART

Happy Memories

JOANNE ENJOYING A SUMMER BBQ ON WAIHEKE



HAPPY MEMORIES AT CAFÉ LAFFARE IN NEWMARKET



DAVID ENJOYING THE WINTER GARDENS



JAN HAVING SPECIAL BABY CUDDLES



REBECCA RELAXING ON THE CRUISE SHIP DECKS



RUSSELL AND HIS DAD ON HOLIDAY



ARCHIE AND HIS FRIENDS

NAME A STUDENT AT RANFURLY WHO....

- Loves spiders and spooky things
- Loves singing Olivia Newton John songs
- Plays tenpin bowling
- Loves the Wiggles
- Loves Backstreet Boys music
- Loves to drink coffee
- Has a joke book and loves to tell us jokes
- Can sing like Elvis Presley
- Was last years "Mary" in the nativity
- Is really good at knitting
- Knows lots about recycling and rubbish
- Loves the colour red
- Can sing Pokarekare Ana and knows all the words
- Always helps bring in the recycling bins
- Works at Geoffs Emporium

Friendship

E L S H A R E Z B E B Y B J S G L I S T E N M F
 K E C M Z E P I M O H Q B F X F S G Z E Z K M G
 K O B K G E P R O T E C T I V E R K J T U L M E
 M D E P E N D A B L E A P R I J V B L F Z G J N
 C A U A Z N L F C N L T L W S M I L E A G T W E
 E C A C A R I N G A F I A T N M P M T L Q R Z R
 Q C Q N F A X Z X D J E Y L K H X K H W I U B O
 J E N K R H A P P Y F U S E L F L E S S X S V U
 S P O M I G I V I N G R O M L M D U N C B T B S
 M T H W E L O V I N G H O N E S T N W L B W W K
 I I V P N C O O P E R A T I O N J I I N H O W Q
 N N K G D D I R G P T P A B Y Z R Q K T S R N U
 I G I L L J E D L B Z T R C N J E U G M I T H N
 C M N Q Y A D H I H U G D D I D S E F O M H C Z
 E E D E N C O U R A G I N G L B P G Z K I Y O B
 L V I C B W L T W R L T H E L P E F U Z L P N K
 W P F Q N S H V H R S X U E Q D C Y O C A E S Y
 Z A F Y C T H O U G H T F U L D T K U T R K I Z
 M C E Y S S G Y Y A H I W F I P F G A I B P D G
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 B S N M K O O M S U P P O R T I V E Q C W V A Y
 X Z T J L A U G H S K O S E N S I T I V E T T A
 R P O S I T I V E W H E Q L V Z N Z U B N X E L

- | | | | | | |
|-------------|-------------|------------|------------|------------|-------------|
| unique | happy | dependable | similar | different | positive |
| cooperation | sensitive | supportive | selfless | giving | considerate |
| listen | encouraging | accepting | loyal | protective | loving |
| generous | thoughtful | fair | respectful | honest | trustworthy |
| caring | laugh | smile | hug | play | help |
| share | nice | kind | friendly | | |

MATCH THE SENSE TO THE ITEM



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MATHS

Clive sent out 50 invites to zoom sessions for the week. Only 8 people joined zoom. How many people did not join zoom?

Glynis blew 10 bubbles a day for a week to practise her bubble blowing. How many bubbles did she blow all together?

Jessie drove 8km per day in her van outings. How many kilometres had she done after 5 days?

Rudon had 5 driveways to visit with the Ranfurly Driveway Party Bus. Each driveway visit took 20 minutes. How many minutes did all the visits take?

Melissa had 20 buckets of water. Each bucket contained 5 litres. How many litres were there all together?

Manori could make 10 flowers from 1 page of scrapbooking paper. How many flowers did she make out of 5 pieces of paper?

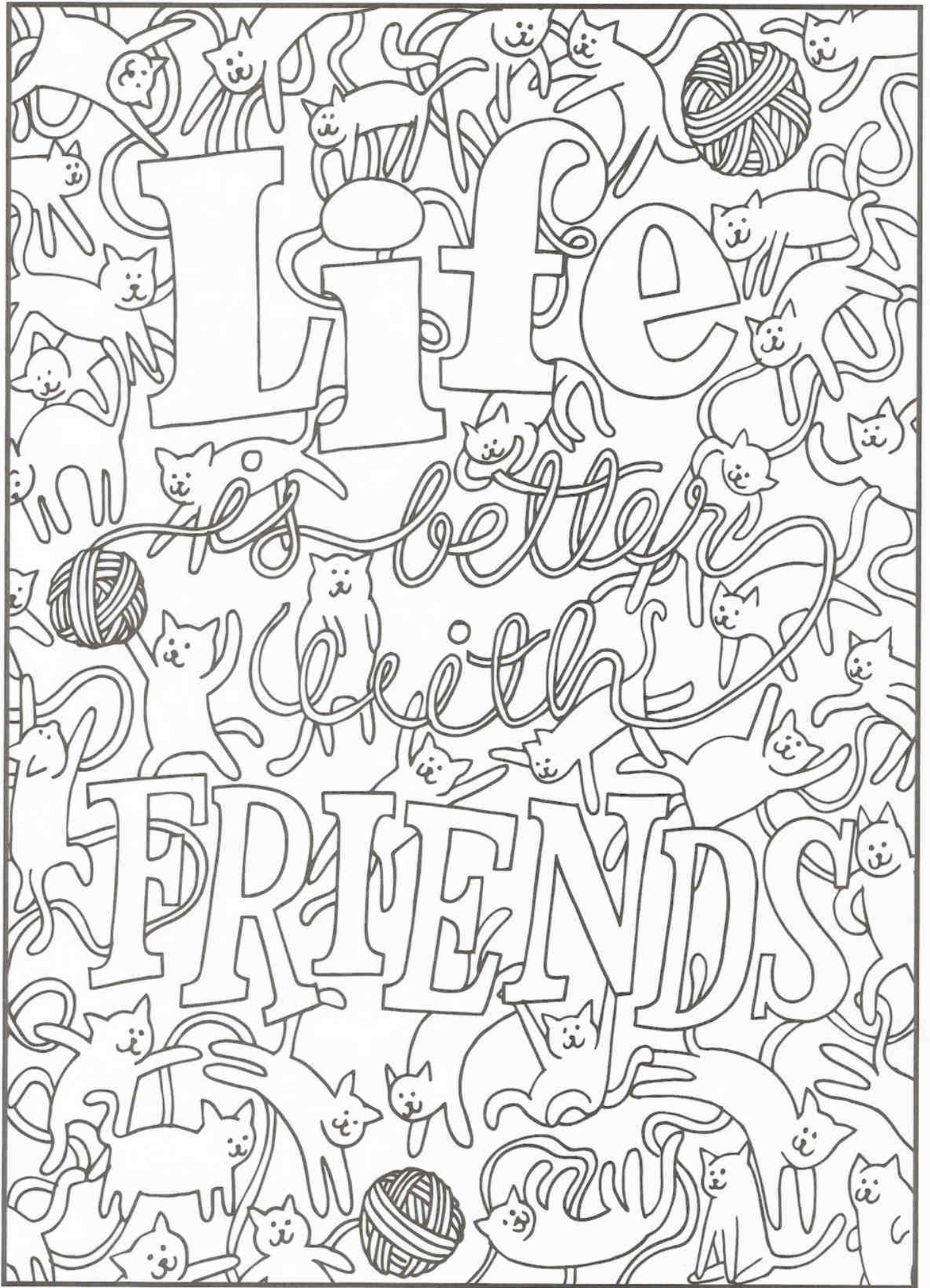
Jessie had 4 hours every night of free time before she went to bed. She took Eddie for an hour walk, cooking dinner took 1 hour and she watched a movie which was 2.5 hours long. Did she have time to finish the movie?

QUIZ ANSWERS

1. Olaf 2. Prince Florian 3. Snow White 4. Gaston 5. Hamm 6. Clown fish 7. Flounder 8. Jafar 9. Anastasia and Drizella
 10. Jolly Roger 11. Grumpy, Dopey, Doc, Happy, Bashful, Sneezy and Sleepy

MATHS ANSWERS

\$150, 2 scones, 4 pieces of cake, 0 minutes, 10.40am, 10 masks, 24 pieces of pizza, \$12





LOCKDOWN LOWDOWN

3 NOVEMBER 2021



Joanne made this amazing bird art work

Philippa enjoyed some spooky halloween treats made by Dianne

Dan created this spooky skeleton art work

Vicki created this fantastic bird art work

Kia ora,

It has been an exciting week with the Melbourne Cup Race! Congratulations to our winners! First prize winner was Helen, second prize went to Hannah and third prize went to Sam.

This week we have sent off all the calendar designs to the printers. There were so many wonderful designs. Thank you to everyone who sent something in for this.

Thank you to those who have sent in special happy memory photos. You will see in this weeks newsletter we have started a memories page with some of the submissions to remind us all of happy times and special moments we have had in our lives. We hope you enjoy this new addition to the newsletter.

Hannah sent us through a great resource from Action for Happiness. It is a calendar with a small challenge each day to try something new. We have attached it in our email.

Learning something new or getting involved in an activity that really absorbs and interests us is great for our wellbeing. Keeping our brains active is not only good for us physically but it can help you feel you are flourishing as you see yourself make progress with a new skill, or just make you smile as you make a mess and decide to start again.

Another exciting activity this week is our first zoom talent quest! Students have been practising hard to get their songs ready to perform on the digital stage. We are all looking forward to this fun afternoon.

It is encouraging to hear the news that Auckland will be going to Level 3 - step 2 next week, which we are dubbing "Shopping Level". We don't think this will make any significant difference or changes to what we are able to offer our community students so we will be carrying on with our current program.

A big thank you to Dianne for providing us all with some amazing spooky halloween treats! We also want to thank Karen and Rebecca for dropping us off some yummy goodies. We have been spoilt! While it doesn't help our covid kilos it sure helps us through the week!

It has been lovely to have a few new people join us on zoom this week! We always love to see new faces as well as our regulars. As always, feel free to give us a call and have a chat with us at the Activity Centre ph:6304108.

From the Activity Centre Crew

HELEN WORKING HARD ON HER PASTA SKELETON ART



JANICE AND CHRISTIE MADE HAUNTED HOUSE ART



CORNWALL PARK RESIDENTS ENJOYED A ZOOM SING-ALONG

PHILIPPA ENJOYING HER SPECIAL APPLE JUICE AND FLOWERS FROM SUSAN



BOBBIE ENJOYED A PUMPKIN THEMED DINNER



PETER MADE THIS FABULOUS BIRD ART



CHRIS PAINTED THIS SPOOKY HAUNTED HOUSE



MASTER CHEF SHELLY HARD AT WORK



KEITH CREATED THIS FANTASTIC BIRD ART WORK



YUMMY TREATS FROM DIANNE!



REBECCA MADE THIS AMAZING BIRD ART WORK



JAMIEE WORKING HARD ON HER BIRD ART WORK



HAPPY HALLOWEEN FROM THE NEWS!



SPENCER WORKED ON THIS HAUNTED HOUSE ART PIECE

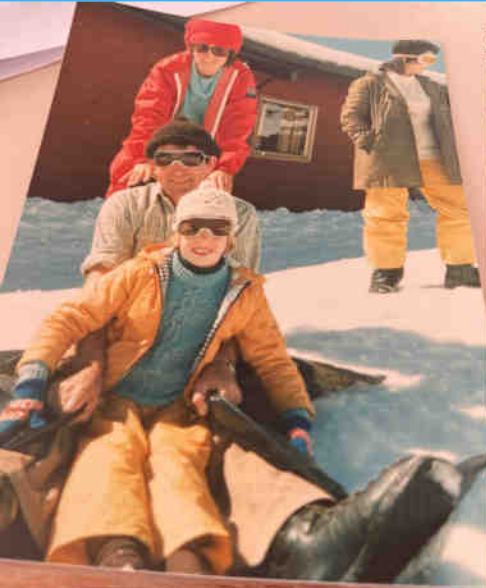


SCOTT IS IN CHRISTMAS ART MAKING MODE - GREAT DRAWINGS!



BIRTHDAY CELEBRATIONS AT RANFURLY HOUSE - THANKS DIANNE

Happy Memories



The Hall family mountain fun together



Bex enjoying her friends 30th Birthday



Russell and a family train adventure



Ping enjoying Hong Kong



Eusie enjoying a warm swim in Aussie with Don



David's happy moment with Mum



Kezia making art in Australia



Archie and his special friend Mrs Lee



Keith and special olympics



Joanne and her family together



Jan happy caring for babies

DISNEY MOVIE QUIZ

Disney Animated Movies

- Which character in Frozen likes warm hugs?
- What is the name of Snow Whites Prince?
- Who was the first Disney Princess?
- In Beauty and the Beast who thinks they should marry Belle?
- What is the name of the Piggy Bank in toy story?
- What kind of a fish is Nemo?
- In the Little mermaid who is Ariels best friend and sidekick?
- Name the villan in the movie Aladdin
- What are the names of Cinderella's evil step sisters?
- What is Captain Hooks pirate ship called?
- What are the names of the 7 dwarves?

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O	I	A	I	E	B	N	D	N	R	O	S	P	C
I	H	L	K	O	B	A	N	I	S	R	R	E	I
A	C	A	O	D	R	L	E	S	E	O	A	T	N
N	C	D	O	I	O	U	I	R	L	B	C	E	D
S	O	D	B	N	T	M	B	E	U	I	A	R	E
D	N	I	E	O	H	T	M	T	C	N	C	P	R
E	I	N	L	S	E	A	A	S	R	H	F	A	E
L	P	T	G	A	R	R	B	N	E	O	O	N	L
G	M	L	N	U	B	Z	I	O	H	O	A	E	L
N	O	O	U	R	E	A	T	M	E	D	A	S	A
A	A	B	J	U	A	N	O	B	M	U	D	M	A
T	A	D	C	L	R	A	I	S	A	T	N	A	F
L	U	B	T	S	W	A	L	L	E	R	B	L	E

- WALL-E
- PETER PAN
- TARZAN
- BAMBI
- BROTHER BEAR
- ROBIN HOOD
- CARS
- JUNGLE BOOK
- PINOCCHIO
- TANGLED
- BOLT
- MULAN
- MONSTERS INC
- CINDERELLA
- ALADDIN
- HERCULES
- DUMBO
- FANTASIA
- DINOSAUR

Play this puzzle online at : <https://thewordsearch.com/puzzle/26/>

MATHS

Clive was practising his singing and broke 3 windows. Each window cost \$50 to replace. How much to fix all the windows?

Glynis made 14 date scones. Rudon ate 3, Wendy ate 2, Jessie ate 1, Clive ate 2, Ian ate 2 and Jamie ate 2. How many were left?

Rudon was cutting up a birthday cake. He cut the cake in half and then cut those pieces in half again. How many pieces were there?

Wendy wanted to sing in the Talent quest. The session was 40 minutes long. There were 8 people and each person sang for 5 minutes. How many minutes did Wendy have left to sing?

Suzanne put on a relaxing C.D at 10.05am. The C.D was 35 minutes long. What time did the relaxing C.D finish?

Melissa found 5 dirty masks in her washing basket, 2 dirty masks in plastic bags, 1 dirty mask in the car and 2 dirty masks in a pocket. How many masks did she find?

Manori made 4 pizzas. Each pizza was cut into 6 pieces. How many pieces were there all together?

Jessie had \$40. She brought a coffee every day for a week. Each coffee cost \$4. How much money did Jessie have left?

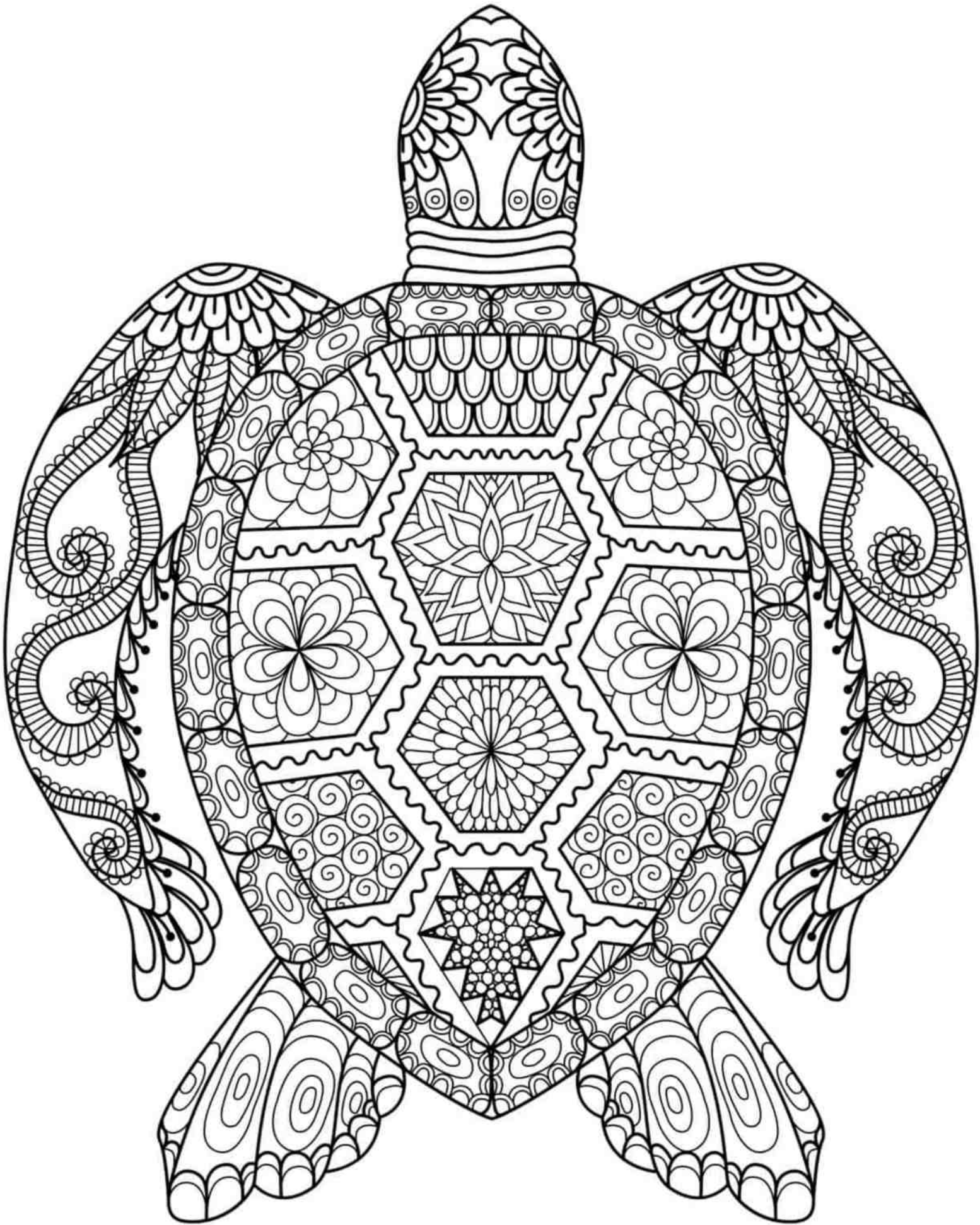


MATHS ANSWERS

21 chocolates, 4 pumpkins, 9 costumes, 15 spiders, 25 black cats, 15 treats, 70 mice, \$23

QUIZ ANSWERS

- Spider
- Dracula
- Bat
- Pumpkin
- Saint
- vine
- Dobby
- Count von Count
- Wicked Witch of the East
- Glinda the good witch



LOCKDOWN LOWDOWN

27 OCTOBER 2021



Labour Day Tiki Tour



Vincent enjoyed singing Christmas songs



Clare made this amazing house sculpture!



David is enjoying dancing at the Activity Centre



Fabulous bird masks by Christie and Janice



Christie the Bat



Dan and Shelly learn to make carrot cake



Amazing pizza kitchen with Chef Andrea

Kia Ora,

We hope everyone is coping okay in their bubbles and you all managed to see some sun over the long weekend. Maybe you got out with your cameras and snapped some great bird photos for our photography challenge? We look forward to seeing what birds live in your neighbourhood. It is a great time of the year to take bird photos as they are very busy building nests and are not so wary of photographers but watch out for the magpies! You don't want to get dive bombed!

Bird of the year voting finishes this weekend so don't forget to place your vote!
<https://www.birdoftheyear.org.nz/>

We are starting to receive some fabulous bird costume photos from some of you! Thank you for sending us your amazing images! Great creative ideas so far and we hope our inspiration video helped you see that we can all give it a go. We want to see you all dressed in your bird outfits this Friday on zoom for the End of the Week catch up and Flap! So test out your best designs and there will be prizes for the best dressed bird.

Thank you to the people who have sent their calendars in! We have seen so many lovely designs. Remember the deadline is this Friday, don't miss out.

Next Wednesday afternoon we are going to try something new on zoom - Karaoke talent quest. So start preparing your favourite song and come ready to perform! Remember, we only have 40mins so this will be strictly limited to one song per person. Make sure you have your music and track ready to play and sing along with. There will be prizes for the best performances.

Take care and we look forward to seeing you in bird form this week.
Chirp Chirp tweet tweet

From the Activity Centre Crew :-)



AMAZING RURU PAINTING BALDRIC



GOOD FUN PLAYING ANIMAL BINGO



BOBBIE SURVIVED THE WHANGANUI EARTHQUAKES THIS WEEK



HAVING FUN PLAYING ANIMAL BINGO



SING A LONG TO CHRISTMAS TUNES



ARCHIE KEEPING FIT TO WAKE ME UP BEFORE YOU GO GO



POPPY ENJOYED SINGING CHRISTMAS SONGS



POPPY ENJOYED SINGING CHRISTMAS SONGS



ELVIS IS IN THE HOUSE!



SNUGGLE TIMES WITH ROXY THE CAT - SCOTT



FANTASTIC HOUSE SCULPTURE BY CHRIS



RUSSELL IS WORKING HARD ON HIS MASK ART WORK



VICKI HAS HAD FUN PLAYING ANIMAL BINGO



VICKI HAS BEEN CREATING HER CALENDAR



AMAZING HOUSE SCULPTURE BY CLARE



PIWAKAWAKA BIRDS BY BALDRIC



CRAIG WAS HAPPY TO RECIEVE THIS CARD FROM HIS BROTHER



TINA ENJOYED SINGING CHRISTMAS SONGS

QUIZ

1. Which creature catches things in a web?
2. Name the most famous vampire from a book?
3. Which animal only comes out at night and looks like a mouse with wings?
4. Name an orange vegetable that is a round shape?
5. What does the English word Halloween mean?
a. sin b. spirit c. saint. d. spook
6. What do pumpkins grow on?
a. bush b. tree c. vine d. supermarket shelves
7. What is the house elf's name in Harry Potter?
8. Name the vampire from Sesame Street?
9. Name the witch that died at the start of the Wizard of Oz?
10. Who gives Dorothy the instructions to help her finally get home in the Wizard of Oz?

SPOOKY WORD SEARCH

B H F I G E A N S A M O I C P L J E K D
 R S T A B F R A N K E N S T E I N V S U
 S W E S P O O K Y A E Y K E B C N O P B
 P E G N D A O R N T S L A E F O P H A L
 I R A Z O M B I E B A A E A G A G A O A
 D A S P A I E N A O H A B T H O G H P C
 E S F T G B F O P A O E A W O W D A C K
 R I V T C A N D Y U C C H A S N C A I C
 O A A S P O T I O N M T W I T C H M B A
 E A M F T A S A E R A P A N A M A U S T
 N E P U A B A T S A E T K A D A U M M A
 B A I T S A F E U A K E V I L L N M A A
 A B R O O M A O N M A T O E N A T P M A
 T I E H A L L O W E E N B L W C E C T Y
 A T Z H A Y L L A X O W E E N A D C R T

Ghost	Costume	Broom	Spider	Spooky
Boo	Frankenstein	Bat	Black Cat	Potion
Witch	Skeleton	Mummy	Halloween	Haunted
Pumpkin	Candy	Vampire	Fall	Zombie

PaperTrailDesign.com

MATHS

Clive brought 3 packets of chocolates for trick or treaters. Each packet had 10 chocolates. Clive ate 3 out of each bag. How many were left?

Rudon had 10 pumpkins. He carved 2 into lanterns, 1 was for pumpkin soup, 1 was for pumpkin pie and 2 were for roast veges. How many did he have left?

Glynis was looking for costumes in the prop room. She found 3 witches hats, 1 ghost costume, 3 vampire outfits, one zombie costume and a giant spider costume. How many costumes did she find?

Melissa went on a spider hunt. She found 5 in the garage, 3 in the bedroom, 1 in the bathroom, and 6 on the outside of the house. How many spiders did she find?

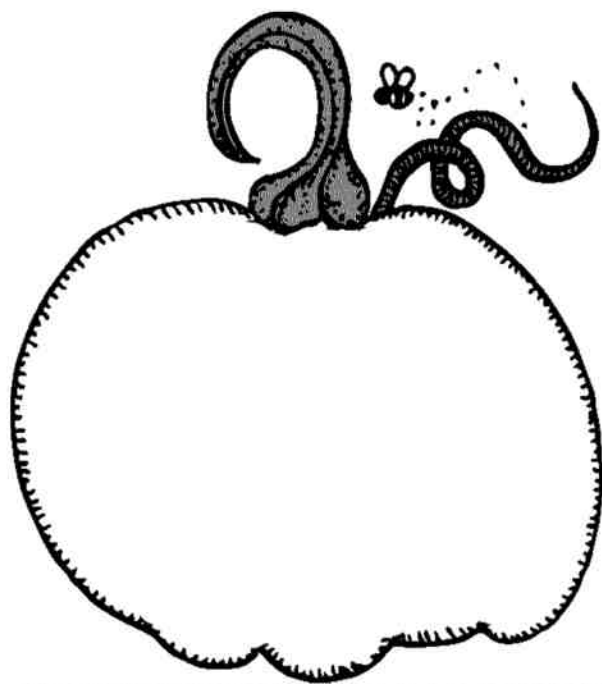
Wendy was looking at photos of all the cats she has owned over the years. Wendy noticed that out of the 50 cats she has had half of them were black. How many cats were black?

Manori brought 3 packets of candy treats for her boys. Each packet contained 10 treats. They split the candies in half. How many did each boy get?

Suzanne spotted a family of 5 bats in the reserve. Each bat caught 2 mice every night. How many mice did they catch after one week?

Jessie brought Eddie a toy bone for \$5, a toy cat for \$8, a toy spider for \$7 and a toy pumpkin for \$3. How much did Jessie pay for all the toys?

CREATE YOUR OWN PUMPKIN LANTERN



QUIZ ANSWERS

1. pukeko 2. true 3. a - parsons bird 4. Ruru 5. c. 6. In New Zealand 7. Stoats 8. d - nostrils 9. Yellow-eyed Penguin / Hoiho 10. In other birds nests

MATHS ANSWERS

26 Birds, 35 ducks, zero, 5, 21 calls, 10 berries, 40 eggs



LOCKDOWN LOWDOWN

20 OCTOBER 2021



Another beautiful flower arrangement by Peter



Mews residents enjoying a lovely picnic in the park



HAPPY BIRTHDAY ANNA!



Helen helped her Dad have a Happy Lockdown Birthday



Gorgeous floral bouquet by gorgeous Jamiee

Kia Ora,

It's hard to believe we are nearing the end of October. It has been 2 months of lockdown and it's not getting any easier is it? Some of you are getting very fit with all your walking - Spencer and Helen you have both been clocking up the kilometres!

One of the most important aspects of what the Activity Centre does is create community and build friendships and this is one of the most challenging things to facilitate over lockdown. We need your help to do it! We talk to students and families every week and hear how much you all miss each other and being together as a community. Zoom has really given many people a positive boost as they are able to see their friends at least and know they are okay. We know that zoom is not for everyone but we really want to encourage those who have not joined a zoom session to please consider setting this up for your family member. It is amazing to see the huge smiles on everyone's faces when they see a friend who they have not seen for weeks. Even if you do not want to participate and just want to observe, please join us. It means so much to everyone in the zoom call to see their friends. If you don't know how to work zoom or it seems too hard please call us and we can help walk you through the steps over the phone.

This week our focus is New Zealand Birds. Aren't they lucky being able to fly everywhere without a mask on and no lockdown! There have been birds crossing the Auckland boundary without permission from the Government!!! Shocking! And they have certainly been making the most of the takeaways left overs crammed in rubbish bins around the city, I hope they are santising their beaks! Right now the New Zealand Bird of the Year competition is on. Thank you to Louise sharing this with us. You can vote for your top 5 birds! Last year the Kakapo won so cast your votes and see if your favourite wins this year. You can learn a lot about the different New Zealand birds from the website when you go to vote.

<https://www.birdoftheyear.org.nz/>

Our photography challenge to you is also bird themed. Take photos of the birds you spot in your garden or neighbourhood and send them to us to see who managed to snap the best bird photo! Also dress up as a bird and take a photo of yourself in bird theme. Let's see who makes the best tui, pukeko, fantail, seagull or maybe an imaginary bird. Email your photos to the Activity Centre and we will put them into a video! The top photos will win a prize (if Clive and Rudon don't eat them first)

This Friday our zoom art session will be starting a bird art work. You'll need paper, pencil, felts or pastels or paints, scissors, and any colourful paper or fabric or recycling you can work with. Come and join us and make your own colourful bird design. Email us for the invite if you would like to join this bird art session.

From the Activity Centre Flock



ICE CREAM TREATS!



AMAZING BIRD ART BY CHRIS



JAMIE WITH THE PIGEONS



RACHEL'S KEEPING FIT



TASTY EGG SALAD MADE BY HELEN



JANICE AND CHRISTIE MADE APPLE CRUMBLE



BOOK YOUR CAR INTO THE MEWS CARWASH!



ANOTHER BEAUTIFUL SPRING BOUQUET



STEVEN IS KEEPING FIT



VICKI HAS BEEN MAKING CARDS



AMAZING YELLOW COSTUME BY SCOTT



RANFURLY HOUSE HAVING FUN PLAYING GAMES TOGETHER



KEITH CREATED A NEW BOUQUET OF FLOWERS



SPENCER FOUND A BIG OWL ON HIS WALK



MUNJIA MADE THIS LOVELY CARD



CAROLINE THE PHOTOGRAPHER IN ACTION



RANFURLY KITCHEN IN ACTION WITH CHEF TIMOTHY



LOVELY FLOWERS BY ANNE

BIRD QUIZ

- The purple swamp hen, a bird often seen around much of New Zealand, is known by what Maori name?
a. pukeko b. kiwi c. kaka d. takahe
- True or false. A fantail will follow you in the bush to get the bugs you may have stirred up
- The tui is known as what in English, owing to the white tuft of feathers on its throat?
a. Parsons bird b. Priestly bird c. Vicors bird
c. Lords bird
- What is the Maori name for the morepork?
- What is one way you can help protect the kereru?
a. By dressing up as one and climbing trees
b. By feeding them bread scraps
c. By making and putting up Kereru protectors up to stop them flying into your windows
- Where do Kereru live?
- What animal is the biggest threat to the kiwi?
- Kiwi detect preys through which of the following?
a. It's feathers b. It's eyes c. Sound d. nostrils
- Which bird is on the \$5 note?
- Where do cuckoos lay their eggs?

Manu Māori

T K T W Ā Ū T K P P R T M Ū H Ō R
 E I T M Ō Ā H A E Ā Ī H I I M Ā W
 Ō W Ī Ū A Ē K P U I H K T A E Ī M
 W I E R I E A A T Ō Ē A Ō U H Ā K
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 T Ī R A I R A K A Ē Ū T H U Ā Ā R
 K O R O R Ā P O K O T I W H A U I
 A R R Ē Ū Ē U H E K Ō M T Ē Ō E R
 Ī O Ā O Ū Ē Ō T H E Ō R O P Ī Ō O
 M R P A U K W U H Ī E H O M O A R
 H A M R H P I R K Ā K Ā O Ō Ī I I
 M K E R E R Ū U Ā T W Ī W Ū Ū P R
 Ā Ē O K A M I R O K M Ō P W T O O

Tieke	Weka	Tūi	Tīrairaka
Takahē	Ruru	Riroriro	Pūkeko
Moa	Kāhu	Kororā Pokotiwaha	Korimako
Kōkako	Kiwi	Kererū	Karoro
Kea	Kākā	Huia	

MATHS

Wendy saw 5 tuis, 6 pukeko, 2 ducks, 3 sparrows and 20 pigeons on her walk. How many birds did she see altogether?

Melissa had 10 ducks on her street. Each pair of ducks had 5 ducklings. How many ducks were on her street?

Glynis put out a saucer with 100 seeds for the birds to eat. There were 20 pigeons. Each pigeon ate 5 seeds. How many were left?

Jessie found a nest with 10 eggs in it! Only 8 hatched. One got eaten by a stoat. Two got caught by a cat. How many survived?

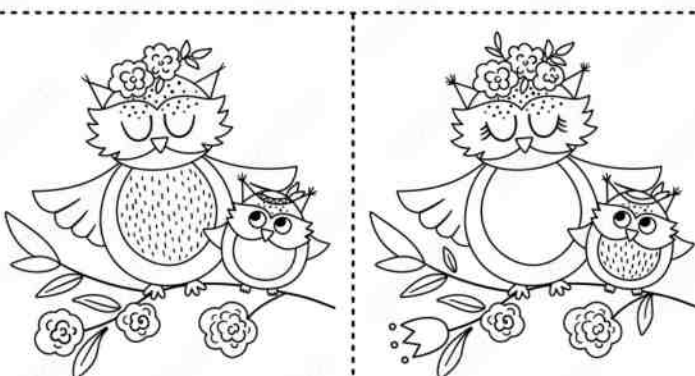
Suzanne heard a morepork calling 3 times every night. How many morepork calls did she hear after 1 week?

Rudon had a Puriri tree in his yard. It had 40 berries on it. There were 4 kereru in the tree. How many berries could they have each before they ate them all?

Clive had 4 chickens. Each chicken laid 5 eggs a week. How many eggs would Clive have after 2 weeks?



Spot 10 differences



MATHS ANSWERS

9 months, 440 worms, 200 tomatos, 35 pices of rubbish, 11 items of rubbish, 14 litres of petrol

QUIZ ANSWERS

Rubbish, yes if empty, false, rubbish, c - no limit, false, yes, yes, recycling, no



LOCKDOWN LOWDOWN

6 OCTOBER 2021



Philippa, Janice and Christie were very happy to get this special box of rocky road from Karen and Rebecca



Baldric created this amazing art work inspired by Don Binney



This week the art zoomers are creating their own pop art - join us on Friday to make your own

Kia Ora

We hoped that this Newsletter might be coming to you from a Level 2 zone but sadly, that is not the case. We are all very disappointed, as I am sure you are too. But like we said yesterday we have learnt to adapt and we were prepared for all eventualities so onwards we go with more zoom and youtube!

We have been impressed with the high numbers of people joining us in our zoom program. Thank you all for being part of this! The highlight for us all is to see all the smiles. A big thank you from the team at the Activity Centre to everyone on zoom giving us some fantastic laughs. Suzanne, Glynis and Clive have been borderline hysterical at times and we think it's lockdown mania!

This week our awards are:

Award for being enthusiastic on-site zoomers - David M and Isobel.

Most impressive hair growth during lockdown - Archie

Ability to eat your way through zoom - Scott

Pissed off Award - Dougal who has discovered a new cat has moved into "his" office!

Best Floral Artists - Cornwall Park Residents

A big shout out to all the people who have been suffering medical issues during lockdown. We are thinking of you and your families. Having to go to hospital is stressful at the best of times but even more so during lockdown. We send you all caring thoughts and best wishes for fast recoveries.

We hope our youtube program is providing you with some daily activities and entertainment. Don't forget to email us your lockdown photos! Everyone is enjoying watching the weekly "What have you been doing in lockdown" so please contribute to this even if it is just a photo of you in your favourite spot with a book. Show us what you're doing to keep sane!

Don't forget about our "Mask it Up" challenge which is still ongoing. Get our your favourite mask or create your own designer mask put it on and take a photo of you with it on. We want to see who has the most creative mask! We have received some fabulous photos but still need more! You could even make a mask for a soft toy or statue for fun.

Take care and keep safe,

From the Activity Centre Crew



MASTER CHEF HELEN AT WORK!



ANDREA AND JANICE MADE SCONES



HAPPY BIRTHDAY TO VICKY AND JOANNE!



GORGEOUS FLOWER ARRANGEMENTS BY SHELLY AND DAN



KEEPING FIT WITH A DANCE PARTY AT CPA



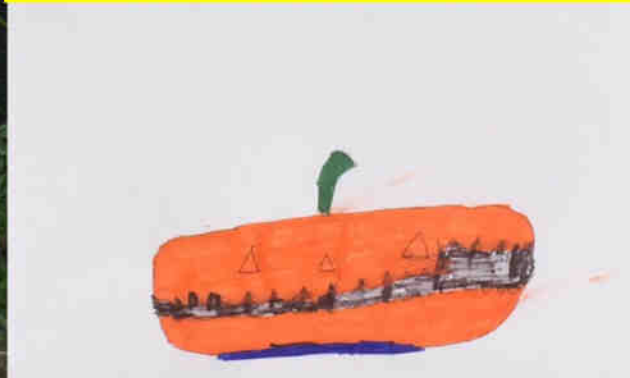
GREAT HALLOWEEN ART SCOTT



JAMIEE ENJOYING A SUNNY WALK



KEITHS FABULOUS MASK DESIGNS



MATHS

Picnic

- SALAMI
- CHEESE
- GHERKINS
- PEPPER
- LETTUCE
- CUSHION
- BUNS
- DRINK
- PLATES
- CLOTH
- TEA
- BASKET
- NAPKINS
- SNACKS
- SWEETS
- SALT
- SUGAR
- UTENSILS
- HAM
- MILK

S	N	A	C	K	S	T	T	A	S	M	E	C	E
P	L	A	T	E	S	K	H	A	L	H	U	U	L
T	T	S	N	I	K	P	A	N	L	S	U	S	E
A	A	D	H	M	P	C	N	S	A	L	T	H	T
S	I	R	B	I	M	A	L	A	S	U	I	I	T
L	T	I	H	A	M	N	N	O	E	A	E	O	U
I	L	N	T	I	S	C	I	A	T	M	P	N	C
S	L	K	C	N	S	K	A	S	I	H	E	D	E
N	L	A	T	H	L	K	E	L	W	E	P	E	N
E	B	E	K	T	E	L	K	T	S	E	P	I	S
T	U	U	I	E	U	E	T	S	S	T	E	S	G
U	K	P	N	A	E	H	S	A	N	T	R	T	N
I	T	I	S	S	H	K	E	E	U	S	P	S	S
S	N	I	K	R	E	H	G	S	U	G	A	R	G

Play this puzzle online at : <https://thewordsearch.com/puzzle/37699/>

Names of Baby Animals

- calf
- lamb
- bunny
- pup
- chick
- calf
- kitten
- calf
- suckling
- chick
- foal
- puppy
- foal
- chick
- joey
- whelp
- piglet
- hatchling
- cub

MATHS QUIZ ANSWERS

30 minutes, 50 people, \$13, 5 days, 4 days, \$105, 40 signs

CARING QUIZ ANSWERS

b, d, d, d, b, c, b, b

Clive thought he had put on 3 covid kilos. Glynis said if he walked 1 hour everyday he would lose 1 kilo every 2 weeks. How many weeks until he lost the covid kilos? How many hours of walking?

Manori's sons had 5 worksheets to do every week day for school. How many worksheets had they done each by the end of the week?

Wendy left home at 6am. It took her 15 minutes to walk to the bus stop. The bus took 20 minutes to get to Newmarket. It took Wendy 30 minutes to walk from there to Ranfurly. How long did it take Wendy to get to work? What time did she arrive?

Suzanne was cooking biscuits. She needed 250grams of butter. The block of butter was 500grams. How many grams were left after Suzanne finished her biscuits?

Glynis planted 10 parsely seeds. 2 didn't grow. 1 grew but got eaten by a snail. 3 died. 1 seed got eaten by a bird. How many plants grew and survived?

Jessie took the van out with some students 2 times a day, 5 times a week. Each drive she used up 2 litres of petrol. How much petrol was used up after 1 week?

After each zumba workout Rudon would have 250mls of water, 250mls of protein shake and 250mls of coffee. How many mls did Rudon have after his workout all together?

Melissa had a box of 50 tea bags. Each day she drank 5 cups of tea. How many days until she runs out?

QUIZ

How many noses does a slug have?
a. 1 b. 2 c. 3 d. 4

Which of these mammals can't jump?
a. elephant b. sloth c. cat d. dog

What is the sweet food made by bees?

On a common ladybug, what color are its spots?

What do you call a group of giraffes?
a. stack b. tower c. groove d. confusion

What is the fastest land animal?

What is the fastest underwater animal?
a. sailfish b. shark c. dolphin d. octopus

True or false? Mice live for up to 10 years

What is the largest type of 'big cat' in the world?

How many legs does a spider have?



LOCKDOWN LOWDOWN

22 September 2021



Baldric made some amazing art for his card to Rebecca

Jamiee created a poster with her "Scream" portrait

Brent made this special art work for Rebecca

Happy Birthday Ian!
Here is a Happy Memory for you

Tēnā koutou katoa,

It's an exciting day as we shift down to Level 3! Time for Rudon to line up at KFC for his bucket of chicken, Jessie to get a real coffee and Clive to order his favourite Chinese takeaways! Well done to each and every one of you for keeping safe and surviving Level 4.

Change of alert levels is always a stressful time. It is exciting and hopeful that we are making progress but also can be frustrating because there are still many restrictions. It is hard to adjust each time to the new level and what that means and looks like for your bubble. Do not hesitate to call us at the Activity Centre for a chat or arrange a more personal zoom call.

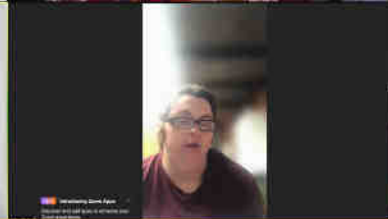
We keep hearing from you all how much you miss seeing each other. It is hard being in your bubble. It really proves how important friendships and community are which is why we will be continuing to connect you all as much as possible digitally until Level 2. We will be continuing to offer a weekly zoom timetable and regular video content via youtube as well other activities via email. If you would like to talk to a particular person in the Ranfurly community personally please call us at the Activity Centre and we will try to facilitate a phone number swap.

This weeks zoom awards are: Award for best Poems and Jokes goes to Archie! Most exuberant dancer Award goes to Ian! Most creative cooking of the week goes to Bobbie (though Clive would like to take credit for the inspiration for the Quiche) Most creative awards go to the art class zoomers - Chris, Kezia, Bobbie and Katy! A bonus award goes to Suzanne and Glynis for best costume on zoom - Disco Elegance!

Make sure you keep wearing your masks and sanitising while you line up for your Level 3 treats and when you are out and about! Let us know what you decided to click and collect in Level 3. Did you head straight to McDonalds? KFC? Doughnut shop? Coffee? Bunnings?

Take care and stay safe,

From The Activity Centre Crew :-)



CHRIS, KEZIA AND KATY HAD FUN IN ART ZOOM



BOBBIE ENJOYING HER LEVEL 2 TAKEAWAYS!



SUNNY DAYS



POPPY AND WARREN ENJOYED DANCING



PETER MADE A GORGEOUS FLOWER ARRANGEMENT



ENJOYING ICE CREAM IN THE SUN



MAKING ART WITH PLAYDOUGH



MASTER CHEF DAN AT WORK!



LEARNING TO DRAW WITH ROB BIDDULPH



BEAUTIFUL FLOWER ARRANGING BY ANNA



MAKING LION ART WITH LEAVES



JOANNE'S GORGEOUS FLOWER ARRANGEMENT



DANCE THERAPY SESSION FOR RANFURLY HOUSE

MATHS

There were 20 cars waiting in the KFC drive through when Rudon arrived. Each car took 2 minutes. How many minutes did Rudon have to wait to get his KFC?

Jessie walked 2 km to the cafe to get her takeaway coffee, 3km taking Eddie for a walk and 2km to get home. How many km did Jessie walk?

Clive had a box of 20 cupcakes delivered. Jo ate 3, Brett ate 4, Dianne ate 2 and Kirsty ate 2. How many did Clive have left?

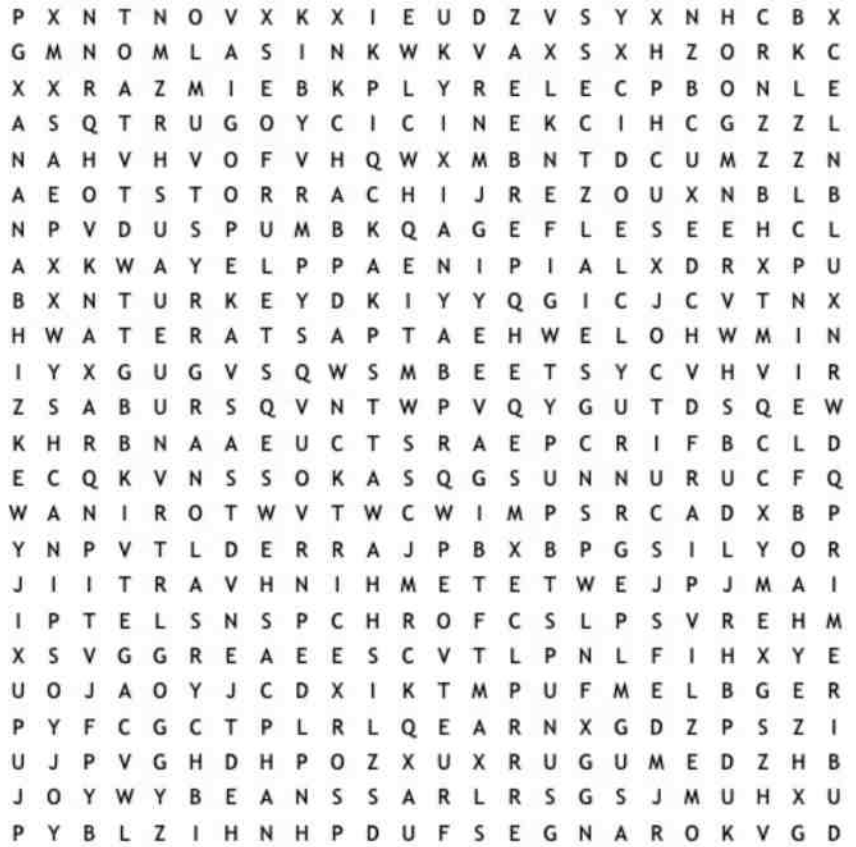
Glynis made a big 700ml smoothie. She drank 100mls every morning for breakfast. How many days would the smoothie last?

Melissa spent \$20 at Bunnings, \$50 at Countdown, \$15 at the Chemist and \$30 at Kmart. How much did Melissa spend?

Wendy had 5 loads of washing to do. Each load took 25 minutes in the machine, 5 minutes to hang out and 1 hour to dry. How long did it take Wendy to do all her washing?

Suzanne brought a pie everyday for lunch. They cost \$5 each. How much did it cost Suzanne after 5 days?

Healthy Foods & Snacks



BEETS
TOMATOES
APPLESAUCE
TURKEY
SPINACH
KIWI
PRIME RIB
POPCORN

CELERY
CUCUMBERS
CARROTS
RICE
PEARS
PINEAPPLE
WATER
APRICOT

YOGURT
CASHEWS
PEAS
CHICKEN
BEANS
EGGS
MILK

GRANOLAS
SALMON
CHEESE
BROCCOLI
BANANA
ORANGES
WHOLE WHEAT PASTA

QUIZ

Which of these snacks is a healthy snack?

Chocolate, Apple, Chips

What can a healthy breakfast do for you?

- a. Give you energy
- b. Make you fall asleep
- c. Make you hungry

What is the best drink to have after exercise?

After eating a big meal you still want more food. What should you do?

- a. Have dessert
- b. Have a second helping
- c. Wait and let your food digest

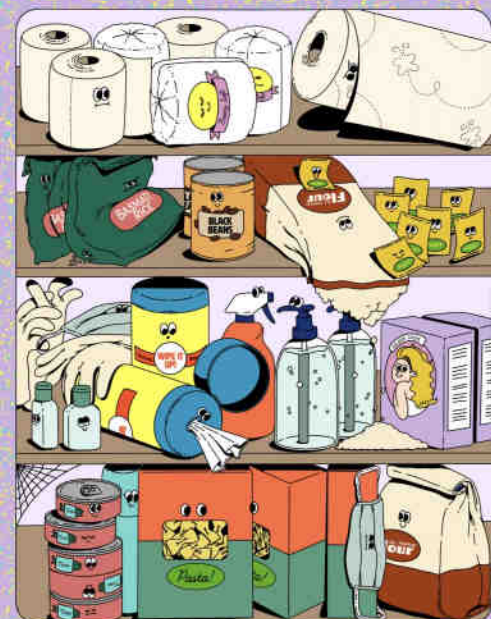
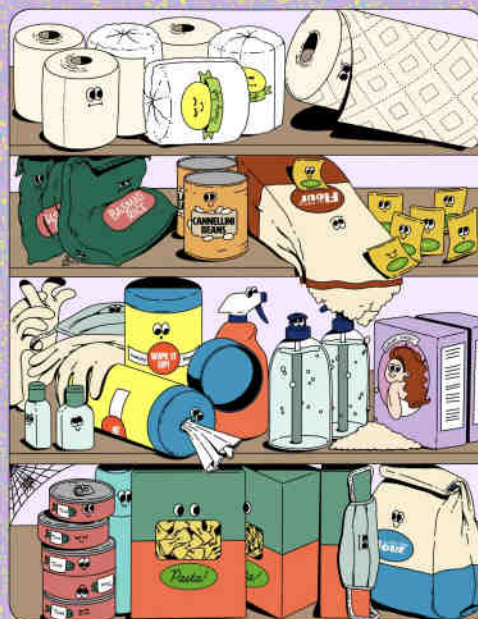
Is a treat food something you should eat everyday?

Which of these cooking methods is the healthiest?

- a. Deep frying
- b. Shallow frying
- c. Steaming or Baking

How many glasses of water should you drink per day?

SPOT THE DIFFERENCE



ANSWERS

Maths: 21 walks, 4 DVDs, 100grams, 7 items, 28 times, 1 piece, 10 packages, 20 hours

QUIZ

- 1. guitar 2. tomorrow 3. bed 4. puppy 5. amazing 6. marathon 7. volume 8. keys 9. yellow 10. camera

FOOD
REVOLUTION
★ DAY ★



CHERRY

AUBERGINE

CARROT

CHILI PEPPER

APPLE

TOMATO

STRAWBERRY

NOUON

CURRANTS
AND BERRIES

PUMPKIN

ORANGE

EAT THE

RAINBOW

P BROCCOLI

PEAR

CORN ON THE COB

LEMON

BANANA

PEPPER

GRAPE

PEAS & BEANS

COURGETTE

LOCKDOWN LOWDOWN

29 SEPTEMBER



Wow amazing "The Scream" art work Timothy!

Yum! That special morning tea looks delicious Rachell!

Fabulous calendar art Craig!

Great design work for your calendar Vicki!

Kia Ora,

It's amazing to see all the fabulous things everyone is doing during lockdown to keep busy! Thank you for keeping in touch with us. We are hearing from many of you how much you miss your friends and normal routines. You may not be able to see your friends but they are thinking and caring about you from their bubbles. Many people have asked us how other people are coping in lockdown on the phone and zoom.

This week our focus is to care for others. We encourage you to make card, poster, art work or message of caring that you would like to send to your friend. Email it to the Activity Centre and tell us who it is for and we will send it to them on your behalf. Getting a special note or message from a friend will be a lovely surprise, so share the love and spread the caring around!

Others of you are feeling scared and uncertain about the future and keeping safe. Like Hannah's latest youtube video talks about, we all experience a range of different emotions especially during stressful times of lockdown. Feelings are energy in motion, let them come and let them flow. We hope some of you tried out some of the breathing exercises to help your emotions to flow.

Some of the Ranfurly Residents have not been able to see their families for 6 weeks and this is really challenging. This week staff have been able to drive some students to go and see their families through the window. To be able to see family (not through a screen) has been amazing for some students. It goes to show how, what might seem like, small things mean so much at the moment.

This weeks Zoom Awards go to: Scott for the most energetic dancing to Madagascar Move it move it, Bobbie and Lynne for the most consistent involvement in our zoom program and Va for the best smile on zoom!

Keep the conversation going. Give us a call. Write us an email or talk to us on zoom. Let us know what you are missing or struggling with in lockdown. We are always here to lend a listening and supportive ear.

From the Activity Centre Crew



AIMEE HAD A SPECIAL MORNING TEA WITH FRIENDS



GREAT BAKING DAVID!



BALDRICK'S CREATIVE MASK MAKING



DELICIOUS BAKING BEING MADE AT RANFURLY HOUSE



TO MARKET, TO MARKET WE GO - BOBBIE



DAN'S AQUARIUM CREATURES



GREAT CALENDAR DESIGN BY FRANCES



THE MEWS NEW AQUARIUM!



AWESOME MEWS MONSTER MASKS



JAMIEE CREATED HER OWN MASK DESIGN

HELEN ACHIEVING HER GOAL TO MAKE FRENCH TOAST!



GREAT COOKING SHELLY



KEITH CREATED SOME GREAT MASK DESIGNS



GORGEOUS MASK CREATIONS - REBECCA



CREATIVE MASK DESIGNS BY JOANNE AND SAM



FABULOUS VAN GOGH INSPIRED ART BY CHRIS

Easy Peasy Potato Curry (serves 4)

Ingredients

You can reduce the amount of spices and curry to suit yourselves

- 2 tablespoons vegetable oil
- 1 medium yellow onion, diced
- 4 cloves garlic, minced
- 4 teaspoons curry powder
- 1 ½ teaspoons paprika
- 1 teaspoon cayenne
- 2 teaspoons cumin powder
- ½ teaspoon allspice
- 2 teaspoons fresh ginger, minced
- ½ teaspoon black pepper
- 905g potato peeled and cubed
- 425g chickpeas 1 can, drained (we used 1 can butterbeans instead)
- 1 cup vegetable broth(240 mL)
- 1 tablespoon lemon juice
- 415ml coconut milk 1 can
- rice, cooked, for serving
- naan bread, for serving
- fresh cilantro, chopped, for garnish

Nutrition Info

View Info

Preparation

1. Heat the oil in a large pot over medium heat until shimmering. Add the onion and saute for about 3 minutes, until translucent.
2. Add the garlic and saute for about 2 minutes, until fragrant.
3. Add the curry powder, paprika, cayenne, cumin, allspice, ginger, salt, and pepper. Stir and cook for about 2 minutes until the spices are fragrant.
4. Add the potatoes and mix well until well-coated in spices.
5. Add the chickpeas and stir to incorporate.
6. Add the broth, lemon juice, and tomatoes and stir, then pour in the coconut milk and stir to combine.
7. Increase the heat to high and bring the mixture to a simmer. Once bubbling, reduce the heat to medium and cook for 15-20 minutes, until the potatoes are tender and easily pierced with a fork.
8. Serve with cooked rice and naan and garnish with fresh cilantro.
9. Enjoy

People Helping People

G V Z E Z C L B L S S E N D E T R A E H D N I K
 G G L P D D M N X I Q A Y T I S O R E N E G N S
 J X A Y H T A P M E F I G A T J D L N O A G O O
 Y I K Y G Z M V G R X E K I N D N E S S Y V I D
 L Z C T K L T L T T A A V Z L M Z B J O E J T M
 I Y U I L M V V Y L X P L P M J B C W F A S U N
 C G B N T B K K E V K M T H M D U O X K Z O B Y
 Z Y N U Q F Z J U V H B I P H H X P R U K C I U
 H L J M I O T G C E C N E L O V E N E B A P R N
 L P O M C M S T A B A F A C U J C N W I Z X T S
 S C W O F M P Q G D R P L U L J F C J G Q S N E
 M O B C Z Y O G R W U A H Q K E F K D N T T O L
 T B F Z B Z K N S G I V I N G C R J L I W L C F
 N O I S S A P M O C P P Y L O N I A I R L V I I
 B F P S E O V D A W W U F A T A E B C A Y U O S
 S U F O V S E R V I C E B S D T N M W H J A O H
 B T B I S R E E T N U L O V U S D X T S G N C N
 C X J I Y D V G N I R A C N Q I L I R W D C Q E
 H H H K L I X E P E T Q A A G S I F I I O B V S
 A X U F I A Z Z A H B L X J C S N M B X N I U S
 R K R X C C U K M K X P S J C A E L D I A K L W
 I W S V D H R G K T L E H S T J S A V Q T X N N
 T W W T R A E H I H T O G I F X S S L Q E O Q A
 Y I K P I R T L G M H H Q O J X O L B B V A Y X

- | | | | |
|---------|------------|-----------------|--------------|
| aid | assistance | benevolence | caring |
| charity | community | compassion | contribution |
| donate | empathy | friendliness | generosity |
| giving | heart | kindheartedness | kindness |
| service | sharing | unselfishness | volunteer |



QUIZ

Wendy couldn't open the door as the lock was broken! Wendy spent 5 minutes trying to open the door. 10 minutes trying to call for help and 15 minutes making phone calls until she was rescued. How many minutes was Wendy locked in?

Clive had 10 zoom meetings booked for the week. In each meeting there were 5 other people. How many people did Clive meet on zoom by the end of the week?

Rudon ate 2 KFC chicken drumsticks for \$3, 1 potato and gravy for \$4, 1 chips for \$3 and one coleslaw for \$3. How much did Rudons lunch cost?

Melissa ordered 10 items online. She recieved 2 items each day via courier. How many days until she got all her items?

Glynis had 12 reusable facemasks. She used 3 masks per day. How many days until she ran out of masks?

Suzanne spent \$15 on petrol each day. How much did she spend on petrol after 7 days?

Jessie learn 4 new sign language signs everyday. After 10 days how many new signs had Jessie learnt?

CARING QUIZ

1. What is sympathy?
 - a. A musical instrument
 - b. Understanding how someone else feels
 - c. A computer game
 - d. A song
2. Who do you NOT need to be caring towards?
 - a. Staff
 - b. Students
 - c. Family
 - d. Tennis courts
3. Why should we care for others?
 - a. To help make friends
 - b. To make someone happy
 - c. Because everyone is special
 - d. All of the above
4. Which of these is unfair
 - a. Everyone gets a treat
 - b. Everyone has a turn playing a game
 - c. Everyone takes a turn on the computer
 - d. 2 people miss out on having morning tea
5. How can you show someone you care for them?
 - a. Buy them a present everyday
 - b. Listen to them when they speak
 - c. Push them over
 - d. Give them your lunch
6. You have been asked to look after Dougal. What should you do?
 - a. Ignore him and let him escape
 - b. Feed him your lunch
 - c. Pat him gently and take him out on a toilet break when asked
 - d. Drag him by his lead
7. A person is feeling sad and lonely. What should you do?
 - a. Ignore them and talk to your friends
 - b. Invite them to join your table and talk with them
 - c. Talk about them behind their back
 - d. Buy them lots of chocolates and lollies
8. You are playing with the Wii game and someone else wants to play too. What should you do?
 - a. Ignore them and hope they go away
 - b. Let them join in and play
 - c. Walk away because you don't want to play Wii with them
 - d. Shout "NO" and throw the Wii remote

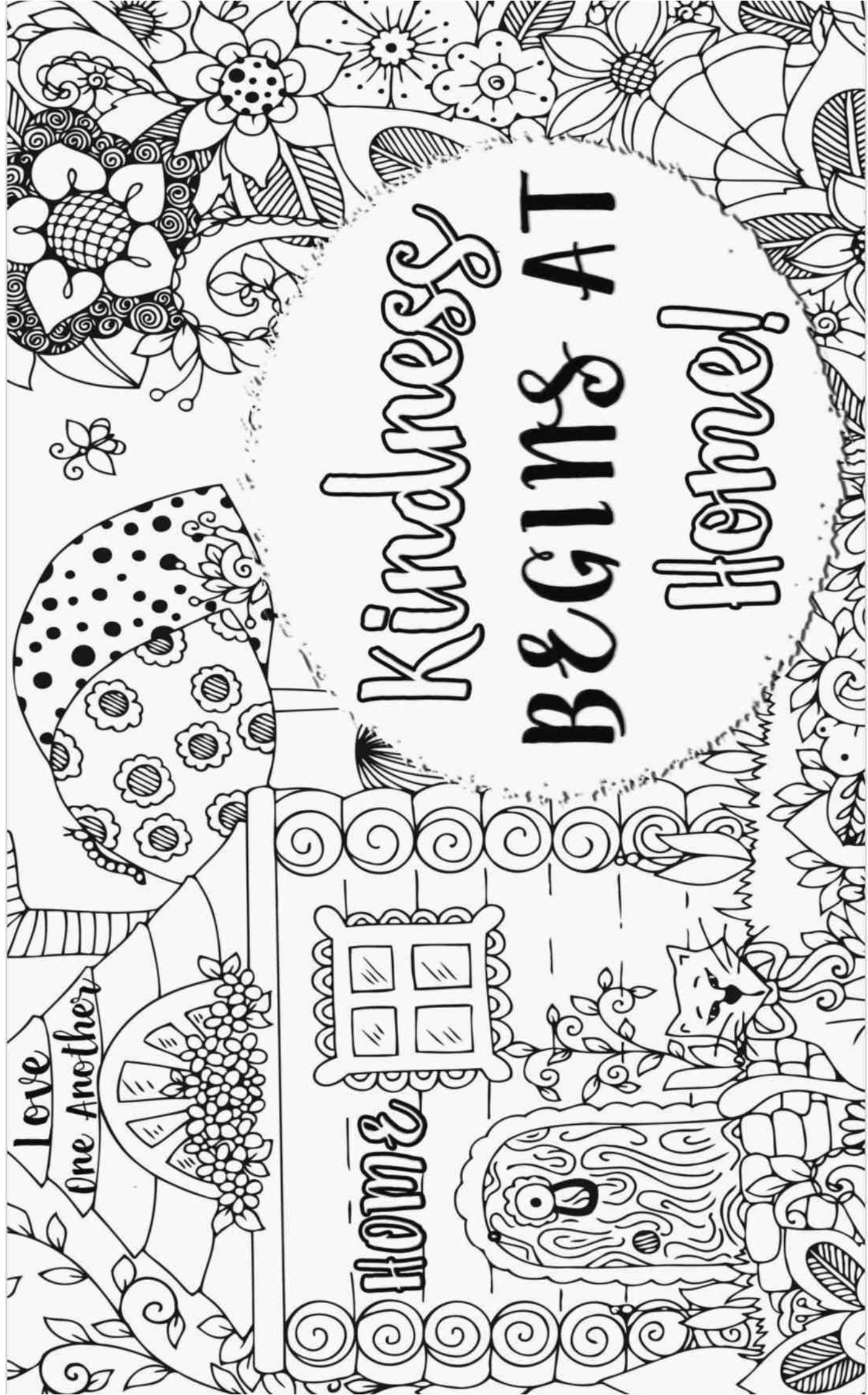
ANSWERS

MATHS

40minutes, 7km, 9 cupcakes, 7 days, \$115, 7.5 hours, \$25

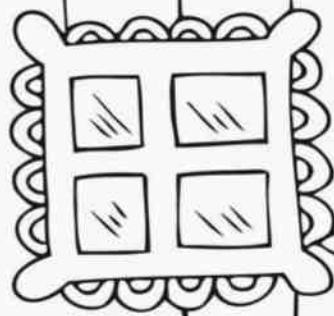
QUIZ

Apple, a - give you energy, water, c - wait and let your food digest, no, steaming or baking, 8 glasses

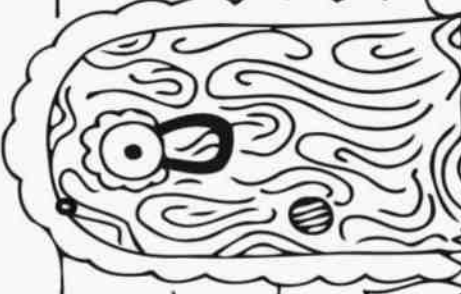


Kindness BEGINS AT Home!

Love
One Another



HOME



LOCKDOWN LOWDOWN

17 NOVEMBER 2021



Russell was so happy to have a driveway visit with his Mum and Dad and show them the Newsletter



Clare was excited to get a visit from the Ranfurly Driveway Connection Bus this week!



Carol got to see some friends as we popped into her street to say "Hello"

Kia ora Family, Friends and Students,

This week we have been getting creative and coming up with new ideas for our zoom and activities and we are gearing up for Christmas. It's only 38 days away now! I'm sure you can hear Clive singing Christmas Carols from wherever you are, he is in full Christmas mode! We now have a Christmas Craft zoom every Tuesday to help you get your house all festive, make cards and small gifts. This week you can also join Clive and make some Christmas Treats in the Ranfurly Kitchen. Bring your rum and brandy along, Clive might even let us in on his top secret rum ball recipe!

For our Happy Memories pages coming up we would love to see some of your happy Christmas photos from Christmases past so hunt through your photos and email them in!

Our Driveway Community Connections started this week with our Party Bus heading out to chat to students in their driveways. This has been a huge success and everyone has got such a buzz from seeing their friends in real life. We hope to get around as many neighbourhoods as possible. If you are keen for a visit please give us a call or an email and we will make sure to book you in, otherwise we might just turn up anyway beeping our horn and yahooing out the van windows! We loved seeing Mark, Va, Clare and Carol earlier this week.

Congratulations to our new zoomers this week! Well done on giving it a go and we hope that you will feel more confident about joining more of our zooms.

We have started to receive some amazing "Happy" Dance submissions for our dance video we are making! Thank you to everyone who has sent something in. All you need to do is have a dance to the song "Happy" by Farrell Williams and film 20-30 seconds. Email us your clip and we will put it in our video that will be in the InterACT disability arts festival. Put on a fun costume or your favourite outfit and have fun! The deadline for submissions is November 25th.

For those who sent in calendar art we hope to have these back before Christmas so that is exciting news.

The results for the Bird of the year competition are in and Glynis is NOT HAPPY that a bat won! Glynis has been outraged that the bat – which is technically not a bird – won a bird competition! She's written a strongly worded letter to DOC!

Happy Birthday to Max for this week! We hope you have a fabulous birthday!

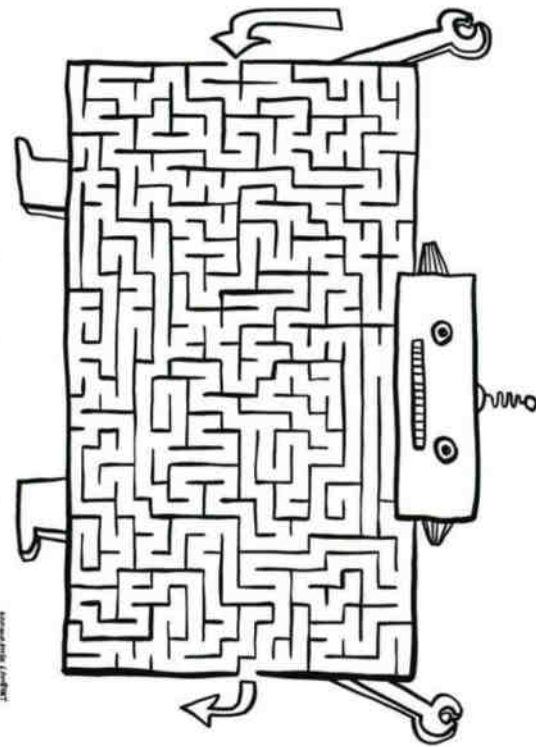
From the Activity Centre Staff ☺

Emotions

CAN YOU ESCAPE THE ROBOT MAZE?

U	S	S	L	L	I	K	S	G	N	I	P	O	C
P	D	S	T	E	R	E	G	N	A	S	G	O	D
S	H	M	T	G	O	D	S	T	T	S	N	D	I
E	Y	I	D	D	E	R	T	C	G	E	I	G	S
T	O	L	N	U	M	S	R	R	N	N	D	N	A
Y	J	E	E	R	O	S	E	Y	I	D	N	O	P
Y	E	M	R	G	T	E	S	I	R	A	A	E	O
S	I	A	I	S	I	N	S	N	A	S	T	S	I
T	E	U	E	N	O	D	S	G	C	H	S	F	N
F	F	R	O	W	N	N	E	G	U	T	R	I	T
I	H	T	R	E	N	I	T	M	E	U	E	D	M
I	J	U	I	I	R	K	B	N	S	U	D	S	E
Y	C	R	R	T	S	L	G	N	A	I	N	O	N
N	F	T	Y	T	E	E	R	U	N	H	U	N	T

- KINDNESS
- FROWN
- FEAR
- HUMBLE
- SADNESS
- UPSET
- SMILE
- UNDERSTANDING
- ANGER
- CARING
- DISAPPOINTMENT
- FRIENDS
- STRESS
- EMOTION
- JOY
- COPING SKILLS
- HURT
- GRUDGE
- CRYING
- TIME



AUCKLAND QUIZ

1. What is the tallest building in Auckland?
2. Where could you go in Auckland to see Dinosaur bones?
3. Name the place where you can go in the old world war tunnels in Auckland?
4. Where can you go to see Butterflies?
5. What part of Auckland is Duncan House?
6. In which area would you find the biggest waves at the beach? West Auckland or North shore?
7. What area of Auckland are the Rose Gardens?
8. Name the amusement park in South Auckland
9. What is the name of the volcano in the Auckland Harbour?
10. How many volcanic cones does Auckland have?
11. What is Auckland's Maori name?
12. What does Auckland's Maori name mean?

MATHS

- Clive sang Jingle bells for 2 minutes everyday. How many minutes had he sung Jingle bells after 1 week?
- Rudon did 10 squats, 10 bicep curls, 10 star jumps, 10 push ups and 10 pressups. How many exercise repetitions did he do all together?
- Glynis walked 5km on Monday, 2km on Tuesday, 4km on Wednesday, and 3km on Thursday and Friday. How many km did Glynis walk all together?
- Melissa saw 5 families of ducks. Each pair of ducks had 5 ducklings. How many ducks were there altogether including ducklings and ducks?
- Manori had 5 pieces of Christmas craft paper. Each piece would make 2 crafts each. How many crafts could Manori make?
- Jessie had a piece of cake and it had raisins in it. Jessie picked out all the raisins. The cake weighed 100grams. Each raisin weighed 1 gram. Jessie picked out 15 raisins. How heavy was the cake without the raisins?
- Suzanne saw 50 people out at the park. Only half the people in the park were wearing masks. How many people were not wearing masks?

MATHS ANSWERS

42 people did not join, 70 bubbles, 40km, 100 minutes, 100 litres, 50 flowers, No

QUIZ ANSWERS - You may have different answers for this quiz. Many answers are correct

1. Rachel 2. Anne 3. Peter, Keith, Warren, Anne, Spencer, Hasini, 4. Scott, Noah, Ian 5. Max 6. Janice, Christie, Anne, 7. Stephen Cathie 8. Peter and Filia 9. Philippa 10. Linda, Rachel F 11. Craig 12. Rebecca 13. Steven, Aimee 14. Warren, Ihab, Craig 15. Vicki, Shelly, Caroline, Va, Andrea

MEWS RESIDENTS ENJOYING THE FARM AND SHEEP



A GREAT STRETCHING SESSION FOR RANFURLY HOUSE RESIDENTS



CHEF HELEN WORKING HARD IN THE KITCHEN

FRANCES, VICKI, KEITH AND PETER ARE ENJOYING A HOLIDAY AT DUNCAN HOUSE



HELEN ENJOYED HER FREEDOM TAKING A WALK WITH HER MUM AT CORNWALL PARK



BOBBIE HAD A GO MAKING KIRI TOFFEE



ALEX FILMED HIS "HAPPY" DANCE THIS WEEK



IAN FILMED HIS HAPPY DANCE AS A PIRATE



ANNE USED LOTS OF PROPS FOR HER HAPPY DANCE



ANDREA IS KEEPING THE MEWS GARDENS LOOKING GOOD



FANTASTIC SELF-PORTRAIT ART BY BOBBIE



OOOHH YUMMY TREATS FOR THE MEWS! KFC AND HOT CHOCOLATES!



ARCHIE FILMED HIS HAPPY DANCE FOR US!



CRAIG FILMED HIS HAPPY DANCE THIS WEEK



BRENT DRESSED UP FOR HIS HAPPY DANCE



KEITH AND PETER HAVING A FABULOUS HOLIDAY AT DUNCAN HOUSE THIS WEEK



KEEPING FIT AND FLEXIBLE WITH JULIE - RANFURLY HOUSE

Happy Memories



STEVEN AND SPENCER WENT ROCK CLIMBING



CHRISTIE AND HER MUM AND DOG



SHELLY WAS A BRIDESMAID



KEZIA IN NEWCASTLE



SPECIAL STUDENT CHRISTMAS LUNCH MEMORIES FOR STEPHEN, VA AND SHEENAL



ARCHIE AND HIS FRIEND



A VISIT TO THE HAPPY PLACE



HAPPY HOLIDAY MEMORIES



AROUND THE WORLD DINNER FUN



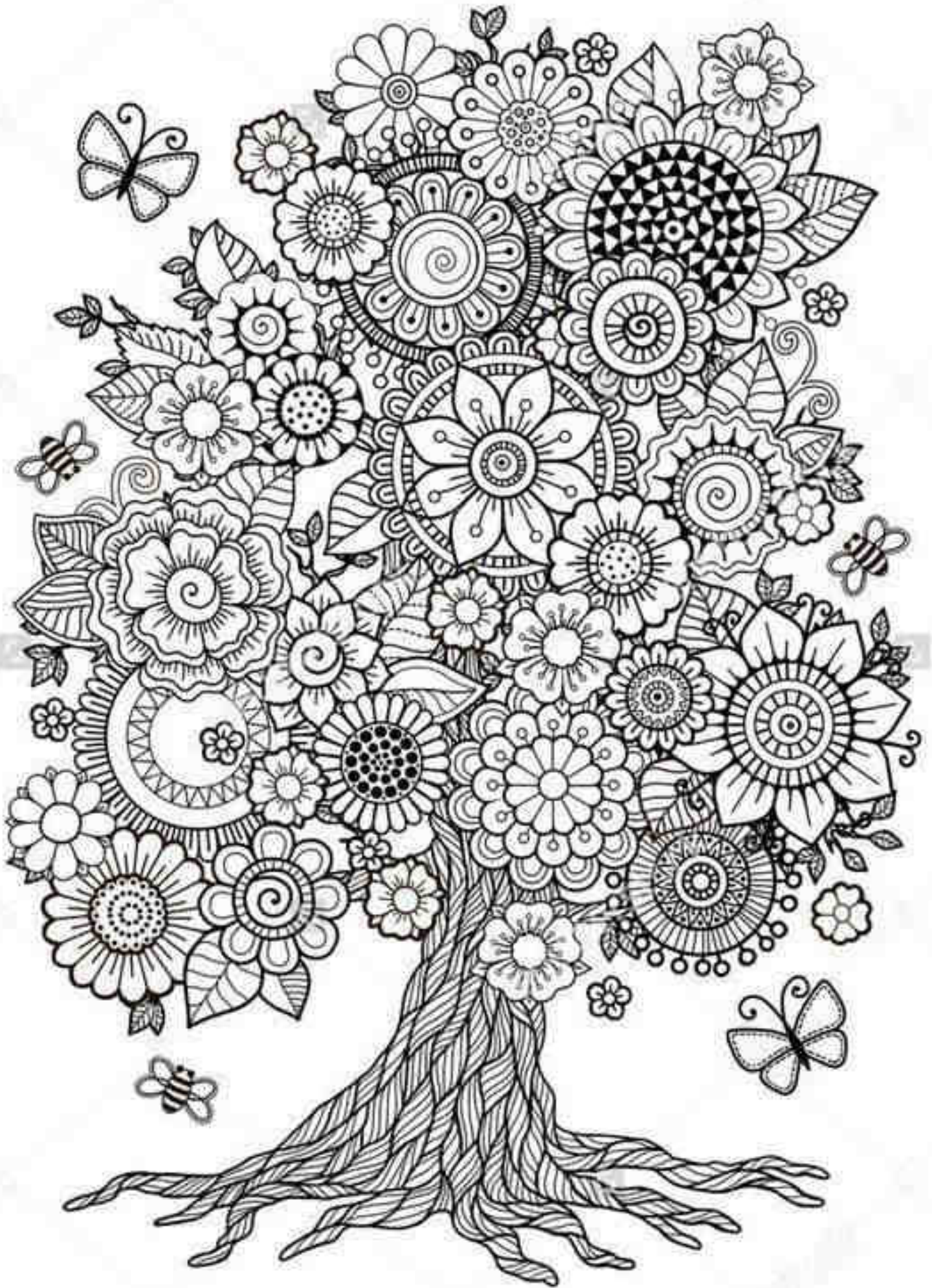
CRAIG AND CHRIS CLIMBED MT MAUNGANUI



WARREN TRIED GO KARTING



BRENT AND MUM



LOCKDOWN LOWDOWN

10 NOVEMBER 2021



Dear Friends, students and families,

As you are probably aware from Jo's recent emails the normal routine of Ranfurly is unlikely to resume soon. Ministry of Social Development and Ministry of Health consider vocational centre's a place of high risk and as such will be cautious in giving us the go ahead to reopen. With Christmas only 45 days away it is hard to imagine we will be able to enjoy our usual festivities and the chaos that is our Festive season!

For all of us the lack of hugging friends and family, the inability to see family in distant lands, and the distancing from our fellow humans (on many levels) has been challenging and at times hard to comprehend. Our Ranfurly family is no different.

Students, residents and staff have been in various bubbles and with the help of technology and good old human ingenuity have been able to chat and see each other. We may have even gone wild and had a picnic!

But as time drags on we need to reboot these connections and remember that Ranfurly is about friendship, laughter and community.

As such we are going to be out and about in a suburb near you (scary eh!) visiting students from the safety of the driveway and giving the chance for Reconnection between friends/staff.

We will contact you to see if you would like a visit OR even better you get on the phone and contact us!

Also we have had some wonderful sessions on Zoom but we have missed seeing a number of people. Monday afternoon will be Zoom for the technology hesitant and we will see how many more we can get online to see friends. We understand technology can be scary and zoom at times has reduced most of us to tears of frustration; but when it works it gives us a chance for interaction and the chance to sing, gossip, laugh or just watch. Our technology Guru's Rudon, Mellissa and Dougall will be available to help and will be here to talk you through things.

Recently I met a student who believed his friends had died as he had not seen them for so long. This sad belief was heartfelt and his wonder at seeing them walk across our carpark was emotional and joyous. We must do everything in our power to ensure friendships are rekindled and explain that people in the Ranfurly community are safe and well. Simple things like printing out the Newsletter and showing it to your family member, showing your student the daily youtube videos, taking photos and sending them in for "What are you doing in Lockdown" videos and joining a zoom sessions all help keep connection going. As family members, staff and caregivers we can choose to be the enablers or the disablers to students ability to access their Ranfurly Community. Thank you to all of you who have done everything in your power to keep people connected.

Take care, stay safe
Clive and the Ranfurly team



JAMIEE AND HER FRIDA KAHLO ART



STEVEN, MICHAEL, AIMEE AND FILIA ENJOYING SOME SPORTS



SELF-PORTRAIT BY CHRIS INSPIRED BY FRIDA KAHLO



GAME OF BADINGTON. GO WARREN!



VICKI WORKING HARD ON A PUZZLE

SOME EDUCATIONAL GAMES WITH RANFURLY HOUSE



ANDREA AND SHELLY ENJOY A GREAT GAME OF QUOITS



JOANNE MADE THIS FRIDA KAHLO INSPIRED SELF-PORTRAIT



PETER MADE THIS FRIDA KAHLO INSPIRED SELF-PORTRAIT



A GORGEOUS FLOWER ARRANGEMENT BY SHELLY



ELISABETH AND SUSIE KEEPING AN EYE ON ACTIVITIES



MUNJIA MADE SOME FRIDA KAHLO ART



HELEN HELPING TIDY UP THE LEAVES IN THE CARPARK



PHILIPPA ENJOYING PLAYING GAMES



DAN'S PIZZA KITCHEN



MEWS CREW ENJOYING DOING THEIR ACTIVITIES IN THE SUNNY COURTYARD



JANICE, CHRISTIE AND SHERI TAKE A COFFEE BREAK



KEITH WORKING HARD ON HIS FRIDA KAHLO ART

Happy Memories

JOANNE ENJOYING A SUMMER BBQ ON WAIHEKE



HAPPY MEMORIES AT CAFÉ LAFFARE IN NEWMARKET



DAVID ENJOYING THE WINTER GARDENS



JAN HAVING SPECIAL BABY CUDDLES



REBECCA RELAXING ON THE CRUISE SHIP DECKS



RUSSELL AND HIS DAD ON HOLIDAY



ARCHIE AND HIS FRIENDS

NAME A STUDENT AT RANFURLY WHO....

- Loves spiders and spooky things
- Loves singing Olivia Newton John songs
- Plays tenpin bowling
- Loves the Wiggles
- Loves Backstreet Boys music
- Loves to drink coffee
- Has a joke book and loves to tell us jokes
- Can sing like Elvis Presley
- Was last years "Mary" in the nativity
- Is really good at knitting
- Knows lots about recycling and rubbish
- Loves the colour red
- Can sing Pokarekare Ana and knows all the words
- Always helps bring in the recycling bins
- Works at Geoffs Emporium

Friendship

E L S H A R E Z B E B Y B J S G L I S T E N M F
 K E C M Z E P I M O H Q B F X F S G Z E Z K M G
 K O B K G E P R O T E C T I V E R K J T U L M E
 M D E P E N D A B L E A P R I J V B L F Z G J N
 C A U A Z N L F C N L T L W S M I L E A G T W E
 E C A C A R I N G A F I A T N M P M T L Q R Z R
 Q C Q N F A X Z X D J E Y L K H X K H W I U B O
 J E N K R H A P P Y F U S E L F L E S S X S V U
 S P O M I G I V I N G R O M L M D U N C B T B S
 M T H W E L O V I N G H O N E S T N W L B W W K
 I I V P N C O O P E R A T I O N J I I N H O W Q
 N N K G D D I R G P T P A B Y Z R Q K T S R N U
 I G I L L J E D L B Z T R C N J E U G M I T H N
 C M N Q Y A D H I H U G D D I D S E F O M H C Z
 E E D E N C O U R A G I N G L B P G Z K I Y O B
 L V I C B W L T W R L T H E L P E F U Z L P N K
 W P F Q N S H V H R S X U E Q D C Y O C A E S Y
 Z A F Y C T H O U G H T F U L D T K U T R K I Z
 M C E Y S S G Y Y A H I W F I P F G A I B P D G
 Y F R E B V S W G T I O Q A K P U U N L A U E L
 L X E H T K Z F H P V N J I L S L A S U K E R O
 B S N M K O O M S U P P O R T I V E Q C W V A Y
 X Z T J L A U G H S K O S E N S I T I V E T T A
 R P O S I T I V E W H E Q L V Z N Z U B N X E L

- | | | | | | |
|-------------|-------------|------------|------------|------------|-------------|
| unique | happy | dependable | similar | different | positive |
| cooperation | sensitive | supportive | selfless | giving | considerate |
| listen | encouraging | accepting | loyal | protective | loving |
| generous | thoughtful | fair | respectful | honest | trustworthy |
| caring | laugh | smile | hug | play | help |
| share | nice | kind | friendly | | |

MATCH THE SENSE TO THE ITEM



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MATHS

Clive sent out 50 invites to zoom sessions for the week. Only 8 people joined zoom. How many people did not join zoom?

Glynis blew 10 bubbles a day for a week to practise her bubble blowing. How many bubbles did she blow all together?

Jessie drove 8km per day in her van outings. How many kilometres had she done after 5 days?

Rudon had 5 driveways to visit with the Ranfurly Driveway Party Bus. Each driveway visit took 20 minutes. How many minutes did all the visits take?

Melissa had 20 buckets of water. Each bucket contained 5 litres. How many litres were there all together?

Manori could make 10 flowers from 1 page of scrapbooking paper. How many flowers did she make out of 5 pieces of paper?

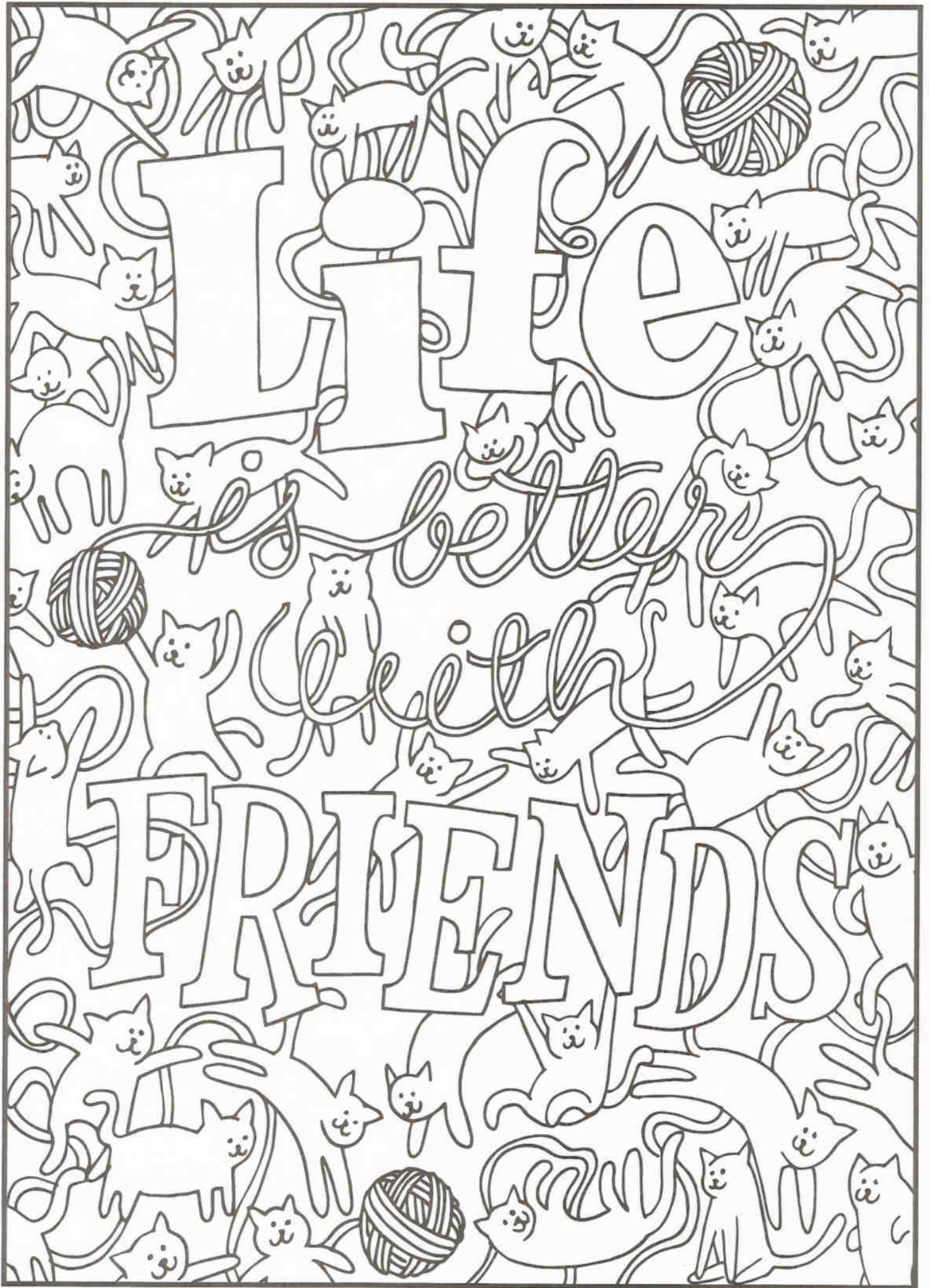
Jessie had 4 hours every night of free time before she went to bed. She took Eddie for an hour walk, cooking dinner took 1 hour and she watched a movie which was 2.5 hours long. Did she have time to finish the movie?

QUIZ ANSWERS

1. Olaf 2. Prince Florian 3. Snow White 4. Gaston 5. Hamm 6. Clown fish 7. Flounder 8. Jafar 9. Anastasia and Drizella
 10. Jolly Roger 11. Grumpy, Dopey, Doc, Happy, Bashful, Sneezy and Sleepy

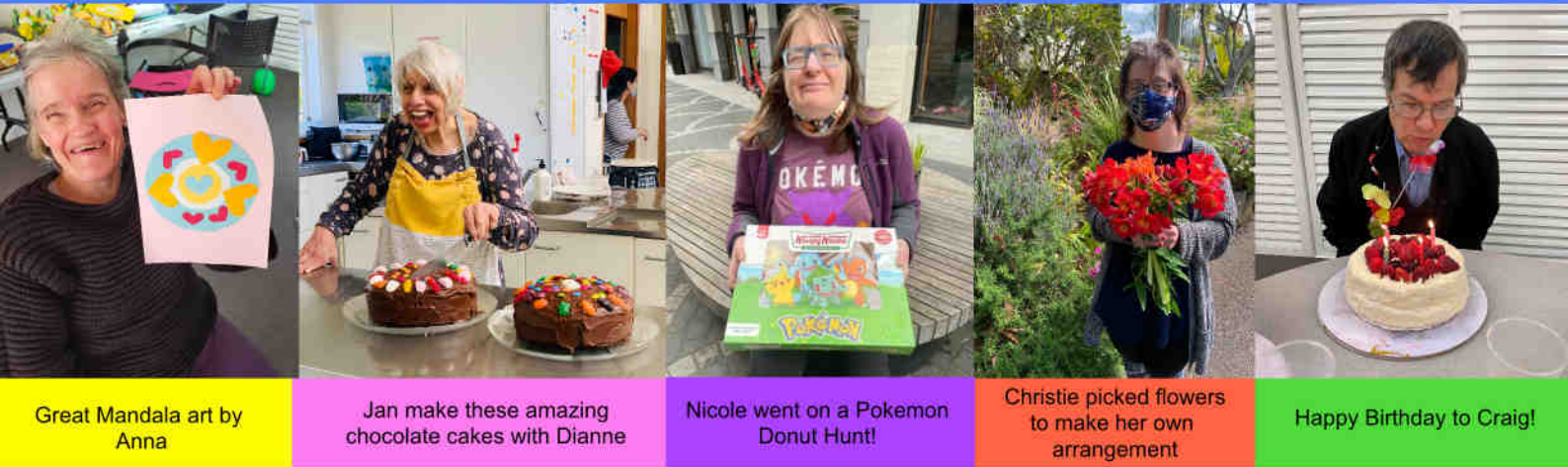
MATHS ANSWERS

\$150, 2 scones, 4 pieces of cake, 0 minutes, 10.40am, 10 masks, 24 pieces of pizza, \$12



LOCKDOWN LOWDOWN

13 OCTOBER 2021



Great Mandala art by Anna

Jan make these amazing chocolate cakes with Dianne

Nicole went on a Pokemon Donut Hunt!

Christie picked flowers to make her own arrangement

Happy Birthday to Craig!

Kia Ora,

It has been lovely to have some sunny days and feel spring in the air in Auckland. We hope this week you have been working on being a Waste Buster and Recycling Expert! Did any of you do the recycling test? Let us know how you are reducing your rubbish and how you've improved your recycling. Don't forget the R's - Reduce. Reuse. Recycle.

Many of the students have been looking forward to their yearly holiday in Papamoa. Sadly, we have had to cancel this trip due to lockdown. This has been a hard decision as it really is a huge highlight in our year, not to mention it is often peoples goal. Everyone gets excited and bags are packed weeks in advance, people plan what naughty treats they will sneak into their bunk room and there is lots of talk of holiday romance! However, realistically, it is unlikely we will be going to Papamoa in 2 weeks time so we have tentatively booked this for the end of March 2022. We send our best wishes to the lovely people at the camp who have always made us feel so welcome and who, like us, are struggling.

For those of you still looking for a holiday experience in 2021 you may want to consider Duncan House which we are hoping will open soon for holidays with Jackie and April. The Duncan House team are researching new places to visit, things to see and adventures to have once they start operating again. If you are new to Duncan House holidays or a seasoned traveller we hope we can help you get into holiday mode before Christmas which is just around the corner!

Zoom has served us very well over this last couple of months but we are looking forward to the future of being able to have more people return once we reach Level 2. Some people we have not been able to see even on Zoom, we are really missing you all and we know you all miss each other.

Our Zoom Awards for Last week go to:

Baldric - for fantastic art via zoom

Clare and Joan and Bobbie and Lynne - for great double acts making great contributions to our sessions

Mark - for good effort in art via zoom

We would like to give a big shout out to our level 3 workers - Chris at Wise Boys Burgers and Katy Brady at Altus Industries. It's not easy going to work in Level 3 with all the challenges of keeping safe. We know many of our other workers are very eager to get back to DCS, Meals on Wheels, Dove Shop, Geoff's and Inbox solutions.

Take care everyone and enjoy your takeaways and picnics.

From the Activity Centre Crew :-)



JAMIEE THE FLORIST AND KEITH THE FLORIST



FANTASTIC POP ART BY BALDRIC



BIRTHDAY CELEBRATIONS!



AMAZING MANDALA ART BY PETER



SCOTT'S FAVOURITE RECIPE HE MADE - BROWNIES



TIME FOR A FRINGE CUT! LOCKDOWN STYLIST



ANDREA AND CHRISTIE HAD FUN DRESSING UP



RANFURLY HOUSE RESIDENTS ENJOY THEIR CINEMA EXPERIENCE!



PHILIPPA ENJOYING THE CHERRY BLOSSOMS



FANTASTIC POP ART BY BOBBIE



KEEPING FIT AND HEALTHY DOING YOGA AND LEARNING ABOUT ANIMALS



FANTASTIC POP ART BY CHRIS



GREAT COLOURING FROM SHELLY, PHILIPPA AND ANDREA



VICKI'S MANDALA ART



CELEBRATING IN STYLE!



THE MEWS RESIDENTS KEEPING FIT IN THE SUN



CHEERS FROM MUNIJA

REDUCE, REUSE, RECYCLE

MATHS

F I M V N M M L Y F A O R N T P A P E R P E Y A
 I U H R G O E F V S Q W J A S F L B X K B A R H
 N G Z D V P T E U E Q M Z T A L O M I N I U M S
 C C S E S E A O I L K E C O N T A I N E R S O F
 W S G M O G L C L O T H S Y K B O W A L K I N G
 X H F O R J F K D J X G L O B A L W A R M I N G
 U C O L B F A C T O R Y S F N I M S K N D D Y S
 F A O I I L L R E D U C E Y K S U I Z N P N J X
 F Q D T N J B E F P L A S T I C S X Y M M O Z U
 G X W I M H A B P F A E R O S O L S W O O D X H
 R B A O E M T F E W H O T R A S H I L F P T Y Q
 B U S N N E T R Y S T W J X O G S A G U B B N M
 V Q T W V D E I X D A W R I C U L C D R M I G Y
 U X E A I S R P Q L R Y E F Y N Q A P N X N V R
 V Z J S L V I U M S P Y U M R B C N O I N Z S B
 A L L T J V E C S T P T S O Y W A L L T R C E I
 S D J E Z U S C B L V X E A V T R C Y U E C J O
 Q M S H O E S S J I G L A S S J B O S R C T M M
 G S C J H E N G I N E S O M U W O M T E Y R Y A
 G J U T F L V B S D V E T Z T A A P Y V C U J S
 F A A B A G S M F X H F O O D T R O R R L B J S
 L I T T E R S U R K T O H M G E D S E C E B X S
 Y S W X H I R E B J P G K K R R L T N A O E N L
 V E M O T E R S B A L U M I N I U M E K X R N H

- ALUMINIUM
- BATTERIES
- CARBOARD
- DEMOLITION WASTE
- FOOD WASTE
- LITTER
- PAPER
- REDUCE
- TRASH
- AEROSOLS
- BIN
- CLOTHS
- ENGINES
- FURNITURE
- METAL
- PLASTICS
- REUSE
- WALKING
- ALUMINIUM
- BIN MEN
- compost
- FACTORYS
- GLASS
- MOTERS
- POLYSTYRENE
- RUBBER
- WATER
- BAGS
- BIOMASS
- containers
- FOOD
- GLOBAL WARMING
- OIL
- RECYCLE
- SHOES
- WOOD

Clive's compost bin filled up after 3 months and it took 6 months before it was ready for the garden. How many months did it take before Clives compost bin was empty again?

Melissa's worm farm had 200 worms to begin with. Every month 20 baby worms were born. How many worms after 1 year?

Glynis brought a reusable takeaway cup for \$15. Everytime she brought a coffee they gave her a discount of 50 cents for her cup. How many coffee discounts until she pays off her \$15 cup?

Suzanne planted 10 tomato plants. 5 had compost and 5 didn't. All the composted plants produced double the tomatos. The non-composted plants grew 20 tomatos each. How many tomatos did the composted plants produce all together?

Rudon picked up 5 pieces of rubbish each day on his walk. How much rubbish did he collect after 1 week?

Jessie found 20 items in the rubbish bin. 5 could be recycled and 4 could go into the compost. How much rubbish was left after she took these items out?

Wendy took the bus everyday instead of using a car. Using a car would use 2 litres of petrol a day. How much fuel did Wendy save by using the bus after 7 days?

RECYCLING QUIZ

Where would you put a takeaway coffee cup?
Rubbish or Recycling?

Can Aerosol cans be recycled?

True or False. You don't need to rinse dirty items before putting them in the recycling bin?

Where would you put a polystyrene meat tray?
Rubbish or Recycling?

How many times can aluminium be recycled?
a. 6 times b. 9 times c. No limit

True or False. You can put plastic bags in your recycling bin?

Can you recycle books?

Can you recycle large chunks of broken glass?

Does a pizza box go in the rubbish or recycling?

Can I put batteries in my recycling bin?

SORT THE ITEMS INTO THE RIGHT BINS

MATHS ANSWERS

6 weeks and 42 hours, 25 worksheets, 65 minutes and 7.05am, 250grams, 3 plants, 20 litres, 750mls, 10 days

QUIZ ANSWERS

d. 4, a and b, honey, black, b. tower, cheetah, a. sailfish, false, siberian tiger, 8

BABY ANIMAL QUIZ

1. Calf, 2. lamb 3. kitten 4. chick 5. whelp 6. foal 7. chick 8. joey 9. calf 10. piglet 11. cub 12. puppy 13. bunny or kitten 14. infant 15. hatchling, 16. chick or poult 17. calf 18. pup

