

LOCKDOWN LOWDOWN

20 OCTOBER 2021



Another beautiful flower arrangement by Peter



Mews residents enjoying a lovely picnic in the park



HAPPY BIRTHDAY ANNA!



Helen helped her Dad have a Happy Lockdown Birthday



Gorgeous floral bouquet by gorgeous Jamiee

Kia Ora,

It's hard to believe we are nearing the end of October. It has been 2 months of lockdown and it's not getting any easier is it? Some of you are getting very fit with all your walking - Spencer and Helen you have both been clocking up the kilometres!

One of the most important aspects of what the Activity Centre does is create community and build friendships and this is one of the most challenging things to facilitate over lockdown. We need your help to do it! We talk to students and families every week and hear how much you all miss each other and being together as a community. Zoom has really given many people a positive boost as they are able to see their friends at least and know they are okay. We know that zoom is not for everyone but we really want to encourage those who have not joined a zoom session to please consider setting this up for your family member. It is amazing to see the huge smiles on everyone's faces when they see a friend who they have not seen for weeks. Even if you do not want to participate and just want to observe, please join us. It means so much to everyone in the zoom call to see their friends. If you don't know how to work zoom or it seems too hard please call us and we can help walk you through the steps over the phone.

This week our focus is New Zealand Birds. Aren't they lucky being able to fly everywhere without a mask on and no lockdown! There have been birds crossing the Auckland boundary without permission from the Government!!! Shocking! And they have certainly been making the most of the takeaways left overs crammed in rubbish bins around the city, I hope they are santising their beaks! Right now the New Zealand Bird of the Year competition is on. Thank you to Louise sharing this with us. You can vote for your top 5 birds! Last year the Kakapo won so cast your votes and see if your favourite wins this year. You can learn a lot about the different New Zealand birds from the website when you go to vote.

<https://www.birdoftheyear.org.nz/>

Our photography challenge to you is also bird themed. Take photos of the birds you spot in your garden or neighbourhood and send them to us to see who managed to snap the best bird photo! Also dress up as a bird and take a photo of yourself in bird theme. Let's see who makes the best tui, pukeko, fantail, seagull or maybe an imaginary bird. Email your photos to the Activity Centre and we will put them into a video! The top photos will win a prize (if Clive and Rudon don't eat them first)

This Friday our zoom art session will be starting a bird art work. You'll need paper, pencil, felts or pastels or paints, scissors, and any colourful paper or fabric or recycling you can work with. Come and join us and make your own colourful bird design. Email us for the invite if you would like to join this bird art session.

From the Activity Centre Flock



ICE CREAM TREATS!



AMAZING BIRD ART BY CHRIS



JAMIE WITH THE PIGEONS



RACHEL'S KEEPING FIT



TASTY EGG SALAD MADE BY HELEN



JANICE AND CHRISTIE MADE APPLE CRUMBLE



BOOK YOUR CAR INTO THE MEWS CARWASH!



ANOTHER BEAUTIFUL SPRING BOUQUET



STEVEN IS KEEPING FIT



VICKI HAS BEEN MAKING CARDS



AMAZING YELLOW COSTUME BY SCOTT



RANFURLY HOUSE HAVING FUN PLAYING GAMES TOGETHER



KEITH CREATED A NEW BOUQUET OF FLOWERS



SPENCER FOUND A BIG OWL ON HIS WALK



MUNJIA MADE THIS LOVELY CARD



CAROLINE THE PHOTOGRAPHER IN ACTION



RANFURLY KITCHEN IN ACTION WITH CHEF TIMOTHY



LOVELY FLOWERS BY ANNE

BIRD QUIZ

- The purple swamp hen, a bird often seen around much of New Zealand, is known by what Maori name?
a. pukeko b. kiwi c. kaka d. takahe
- True or false. A fantail will follow you in the bush to get the bugs you may have stirred up
- The tui is known as what in English, owing to the white tuft of feathers on its throat?
a. Parsons bird b. Priestly bird c. Vicors bird c. Lords bird
- What is the Maori name for the morepork?
- What is one way you can help protect the kereru?
a. By dressing up as one and climbing trees
b. By feeding them bread scraps
c. By making and putting up Kereru protectors up to stop them flying into your windows
- Where do Kereru live?
- What animal is the biggest threat to the kiwi?
- Kiwi detect preys through which of the following?
a. It's feathers b. It's eyes c. Sound d. nostrils
- Which bird is on the \$5 note?
- Where do cuckoos lay their eggs?

Manu Māori

T K T W Ā Ū T K P P R T M Ū H Ō R
 E I T M Ō Ā H A E Ā Ī H I I M Ā W
 Ō W Ī Ū A Ē K P U I H K T A E Ī M
 W I E R I E A A T Ō Ē A Ō U H Ā K
 E W K E W T H T O O K W E K K U I
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 E Ō U R Ū Ā U R H K Ū A W Ō E K W
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 A R R Ē Ū Ē U H E K Ō M T Ē Ō E R
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 M R P A U K W U H Ī E H O M O A R
 H A M R H P I R K Ā K Ā O Ō Ī I I
 M K E R E R Ū U Ā T W Ī W Ū Ū P R
 Ā Ē O K A M I R O K M Ō P W T O O

Tieke	Weka	Tūi	Tīrairaka
Takahē	Ruru	Riroriro	Pūkeko
Moa	Kāhu	Kororā Pokotiwaha	Korimako
Kōkako	Kiwi	Kererū	Karoro
Kea	Kākā	Huia	

MATHS

Wendy saw 5 tuis, 6 pukeko, 2 ducks, 3 sparrows and 20 pigeons on her walk. How many birds did she see altogether?

Melissa had 10 ducks on her street. Each pair of ducks had 5 ducklings. How many ducks were on her street?

Glynis put out a saucer with 100 seeds for the birds to eat. There were 20 pigeons. Each pigeon ate 5 seeds. How many were left?

Jessie found a nest with 10 eggs in it! Only 8 hatched. One got eaten by a stoat. Two got caught by a cat. How many survived?

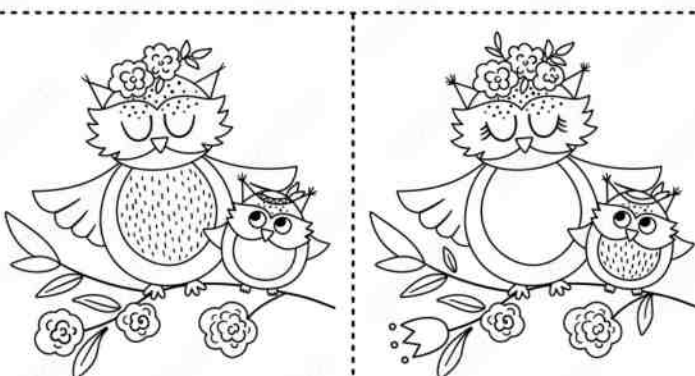
Suzanne heard a morepork calling 3 times every night. How many morepork calls did she hear after 1 week?

Rudon had a Puriri tree in his yard. It had 40 berries on it. There were 4 kereru in the tree. How many berries could they have each before they ate them all?

Clive had 4 chickens. Each chicken laid 5 eggs a week. How many eggs would Clive have after 2 weeks?



Spot 10 differences



MATHS ANSWERS

9 months, 440 worms, 200 tomatos, 35 pices of rubbish, 11 items of rubbish, 14 litres of petrol

QUIZ ANSWERS

Rubbish, yes if empty, false, rubbish, c - no limit, false, yes, yes, recycling, no

