

## LOCKDOWN LOWDOWN

3 NOVEMBER 2021



Kia ora,

It has been an exciting week with the Melbourne Cup Race! Congratulations to our winners! First prize winner was Helen, second prize went to Hannah and third prize went to Sam.

This week we have sent off all the calendar designs to the printers. There were so many wonderful designs. Thank you to everyone who sent something in for this.

Thank you to those who have sent in special happy memory photos. You will see in this weeks newsletter we have started a memories page with some of the submissions to remind us all of happy times and special moments we have had in our lives. We hope you enjoy this new addition to the newsletter.

Hannah sent us through a great resource from Action for Happiness. It is a calendar with a small challenge each day to try something new. We have attached it in our email.

Learning something new or getting involved in an activity that really absorbs and interests us is great for our wellbeing. Keeping our brains active is not only good for us physically but it can help you feel you are flourishing as you see yourself make progress with a new skill, or just make you smile as you make a mess and decide to start again.

Another exciting activity this week is our first zoom talent quest! Students have been practising hard to get their songs ready to perform on the digital stage. We are all looking forward to this fun afternoon.

It is encouraging to hear the news that Auckland will be going to Level 3 - step 2 next week, which we are dubbing "Shopping Level". We don't think this will make any significant difference or changes to what we are able to offer our community students so we will be carrying on with our current program.

A big thank you to Dianne for providing us all with some amazing spooky halloween treats! We also want to thank Karen and Rebecca for dropping us off some yummy goodies. We have been spoilt! While it doesn't help our covid kilos it sure helps us through the week!

It has been lovely to have a few new people join us on zoom this week! We always love to see new faces as well as our regulars. As always, feel free to give us a call and have a chat with us at the Activity Centre ph:6304108.

From the Activity Centre Crew



# Happy Memories



Keith and special olympics

Joanne and her family together

Jan happy caring for babies

## **DISNEY MOVIE QUIZ**

- 1. Which character in Frozen likes warm hugs?
- 2. What is the name of Snow Whites Prince?
- 3. Who was the first Disney Princess?
- 4.In Beauty and the Beast who thinks they should marry Belle?
- 5. What is the name of the Piggy Bank in toy story?
- 6. What kind of a fish is Nemo?
- 7. In the Little mermaid who is Ariels best friend and sidekick?
- 8. Name the villan in the movie Aladdin
- 9. What are the names of Cinderella's evil step sisters?
- 10. What is Captain Hooks pirate ship called?
- 11. What are the names of the 7 dwarves?

# HELP MOANA FIND MAUI

## Disney Animated Movies



WALL-E PETER PAN TARZAN BAMBI BROTHER BEAR ROBIN HOOD CARS JUNGLE BOOK **PINOCCHIO** TANGLED BOLT MULAN MONSTERS INC CINDERELLA ALADDIN HERCULES DUMBO **FANTASIA** DINOSAUR

Play this puzzle online at : https://thewordsearch.com/puzzle/26/

### **MATHS**

Clive was practising his singing and broke 3 windows. Each window cost \$50 to replace. How much to fix all the windows?

Glynis made 14 date scones. Rudon ate 3, Wendy ate 2, Jessie at 1, Clive ate 2, Ian ate 2 and Jamie ate 2. How many were left?

Rudon was cutting up a birthday cake. He cut the cake in half and then cut those pieces in half again. How many pieces were there?

Wendy wanted to sing in the Talent quest. The session was 40 minutes long. There were 8 people and each person sang for 5 minutes. How many minutes did Wendy have left to sing?

Suzanne put on a relaxing C.D at 10.05am. The C.D was 35 minutes long. What time did the relaxing C.D finish?

Melissa found 5 dirty masks in her washing basket, 2 dirty masks in plastic bags, 1 dirty mask in the car and 2 dirty masks in a pocket. How many masks did she find?

Manori made 4 pizzas. Each pizza was cut into 6 pieces. How many pieces were there all together?

Jessie had \$40. She brought a coffee every day for a week. Each coffee cost \$4. How much money did Jessie have left?

MATHS ANSWERS

21 chocolates, 4 pumpkins, 9 costumes, 15 spiders, 25 black cats, 15 treats, 70 mice, \$23 QUIZ ANSWERS

