

# ORANGE LEVEL LOWDOWN

6 MAY 2022



The exercise bunnies were very happy to be back at the Newmarket gym with Lance!



The Adventure Group out walking at Devonport Waterfront on a beautiful Autumn morning

Dear Students, Families, Friends and Caregivers,

It has been very exciting to be getting back into the swing of things and it is surprising how noisy the Activity Centre can be with us all here! It is quite an adjustment but we are so happy to see everyone even if Clive does go home at the end of the day needing a quiet lie down (he has been trying for a 1pm Nanna nap but we don't let him!) We welcomed back many faces we have not seen in such a long time such as Daniel, Rebecca, Clare, Brent and Chris.

We had a wonderful ANZAC service and thank you to everyone who joined us in person and on zoom. Our choir and singers did a great job of adding music to the event along with Stephanie and it was touching to have Angus come and play the last post on his trumpet. We will have a youtube video coming soon if you missed the service.

As you can see we have started back at our weekly gym session at the Olympic Gym in Newmarket! Everyone had a great time using the free weights and being in the proper exercise space again to really get in the zone. Watch out, six packs of abs are in progress and may be coming soon!

We have some new staff coming onboard at the Activity Centre and it has been exciting to welcome some new people to our team. You may hear the students talk about Isla, Olivia and Melissa number 2. Everyone is enjoying getting to know the new staff and help them learn the ropes.

Our community volunteer jobs have also restarted and Va, Vicki P, Bobbie, Andrea and Caroline have been doing a great job going to Geoff's and helping to tidy the store again. Next week Aimee and Christie start back the Dove Shop in Epsom which they are both excited about.

Our swimmers have been very excited to be able to pack their togs again and hit the pool! What a buzz to return to swimming after almost 1 year away. The Milford craft group has also restarted and our crafty people are very happy about this.

Hank and the comic book creators have been very busy finalising their comic designs and this project and group will be finishing soon. We will be looking to fill this drama and creative slot with something else on our timetable.

Every week it seems we take one more step towards "normal" and it really does feel good! The students are excited to also be back at their Special Olympic sports on the weekend again.

From the Activity Centre Crew





AWESOME DANCE MOVES AT THE EASTER SHOW!



ISOBEL GETTING A CLOSE UP VIEW OF THE CHEETAH



JANICE, DAN AND ANDREA ENJOYING THE EASTER SHOW



ISOBEL WENT TO THE ZOO AND SAW BURMA THE ELEPHANT



THE COOKING TEAM ENJOYING THEIR CREATION



PAM ENJOYING GETTING HER NAILS DONE AT THE RANFURLY SALON



JANICE OUT ENJOYING NATURE!



CHRIS CREATED THIS MONET INSPIRED ART WORK



VINCENT WAS PRETTY HAPPY WITH HIS CHOCOLATE EASTER BUNNY



ELISABETH CAREFULLY CREATED HER OWN JEWELLERY



DAVID FOUND LOTS OF EASTER EGGS IN THE EASTER EGG HUNT!



RACHEL MADE A FUN EASTER HAT



SAM ENJOYED THE EASTER EGG HUNT



NICOLE THE "EASTER BUNNY" CAME TO SHARE THE CHOCOLATE LOVE AT THE MEWS



EASTER FUN IN THE MEWS