

**RANFURLY CARE SOCIETY
NEWSLETTER 2014**





Dear Friends and Families

The Newsletter is an opportunity to wish you all a Happy New Year for 2015 expressed in these few thought provoking words. Time is like a flowing river, no water passes beneath your feet twice, much like the river, moments never pass you by again, so cherish every moment that life gives you and have a wonderful New Year. This has been uppermost in my mind as we think of Chris Wren our dear friend who is still in hospital after many months.

The weather has been amazing during the holidays which provided a chance for the Activity Centre and Arkles Bay Duncan House staff time to re charge their batteries. The residents at both homes have been out and about most days enjoying a vast variety of outings visiting events in our City of Sails. All outings can be referred to as they are recorded in a diary. For your interest I will identify a few trips;

Devonport by ferry, St Heliers shops and beach walk, Mt Eden shops and cafe, Western Springs afternoon tea and feeding ducks, Newmarket and Lido Cinema, The Maize Maze, Hunua Falls, Newmarket and Queen Street shops by bus, Mangere Strawberry Farm, Half Moon Bay lunch at Ma-

rina and walk, a couple of visits to Waiheke Island, the Airport, Bus to City, ferry to Devonport, many mall and shopping centre visits, cafe and beach walk, Pt Chevalier beach picnic dinner at Coyle Park, Coatesville for fruit picking, Auckland City Anniversary Celebrations including the finale fireworks, plus several Cafes for coffees and also church on Sundays.

I have tried to capture many of the 2014 highlights illustrated in the collages. The Duncan House guests spent a lot of their December time on Christmas Shopping Expeditions for family and friends. There was the usual requested visit to the Puhoi Pub and Cheese Factory, Cafes for lunch, a couple of movies and a Snells Beach visit. Family members will be able to share with their students or residents details recorded in the diaries as to who has been where. I do have to admit by the middle of January many residents were eager for the Activity Centre to reopen – it is the highlight of their week to be involved in their programmes shared with their friends and staff.

Clive came in for three quiet days during the Christmas holidays to collate from interviews with students, this year's time table. It is quite a challenge to place sixty three students into classes of their choice from the forty eight time table activities to choose from. We aim is to try to please as many students as possible and it is an opportunity to freshen up the timetable. For Example new activities in 2015 will be a dance session in Onehunga, a swim session at Belleview Mount Eden swimming pool, a new computer session with those who are less able to see if we can stimulate their interest, expected work at new hospice opening in Epsom, and the reintroduction of candle/soap making etc. We really want to pursue a Tai chi class which is proving problematic with a number of leads not producing results so far.

The work displayed in the art exhibition 'Visions' was amazing thanks to our art director and the team of artistic staff whose teachings enable the students to produce such a variety of art and craft designs and products. It was very pleasing to see the response from families visiting the exhibition. The highlight of the students years work is to be able to proudly display their work to their friends and family.

The students were so pleased that the end-of-year Nativity play organised by Wendy was attended by a large group of families plus the usual menagerie of animals, including a donkey, rabbits, a goat, parrot, lamb and many angels and wise men! I want to take this opportunity to thank Louise Porter for the background musical orchestral accompaniment, and her singing. What a marvellous report Louise must have with her students. Louise has been a Baradene school musical director who must be held in high esteem by her pupils as they came in the school holiday time to play at Ranfurly.

Many of you may not have seen what Melissa wrote in her 'Visions' art exhibition pamphlet. "Our creative and artistic activities enable us to engage with our community in so many ways. We visit exhibitions through the year to get inspiration, we have guests come to offer their expertise and experience, we are able to engage with national and international projects such as the creation of poppies for the 100 year anniversary in memory of ANZAC, The Outsider Art Fair which we exhibited work in and the InterACt Arts Festival to name a few ways and of course this exhibition where we love to share our art pieces with friends, family and our local community. This event is the culmination of one year's exploration and discovery in the arts".

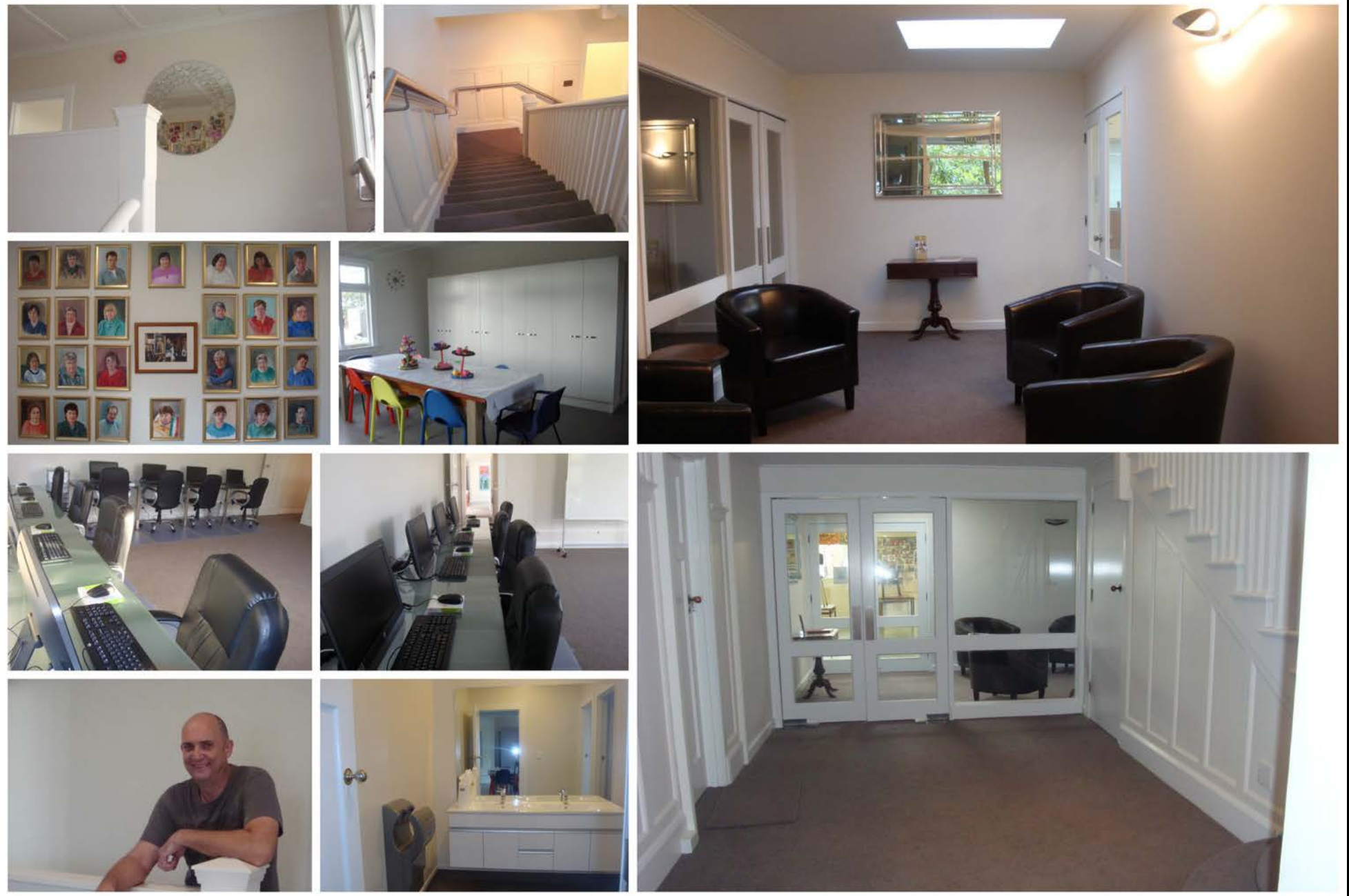
This year we have the pleasure of welcoming two new transition students, Johnnie Hillier and David Monaghan and also to Caroline Walsh who has recently moved to Auckland.

Mike has just walked in from an outing to Rainbows End. The staff have been hysterical with laughter listening to his graphic tale about his thrill ride on the scariest ride - Stratosphere. Chris his companion loved the thrill and kept telling Mike to open his eyes as he curled up in sheer terror during the experience. Two caregivers and six students went to achieve Christie and Alex's goals. While there, Chris won a competition dancing to the Gangnam style soundtrack where he was declared a winner by the audience. Congratulations!

I will look forward to catching up with you in the New Year . We are already pencilling in events for the upcoming months. Robin Hood and his merry band are rehearsing hard in the drama group with the performance planned for Thursday 26th February 6pm. As you are all no doubt aware it will be 100 years since Gallipoli. We will be commemorating this on Wednesday 22nd April at 1pm in our own ANZAC service which you are most welcome to attend. Our mid year dinner with a Christmas tree theme is pencilled in for mid August (date to be confirmed).

Just a brief update , I hope you enjoy the pictures as much as I have when researching and remembering,

Best wishes from the Manager....Linda Nelson



Thanks to the great team of our friendly tradesmen in 2014 the staff and students have been enjoying the new spaces of the new computer and art rooms established on the refurbished top floor of the Activity Centre



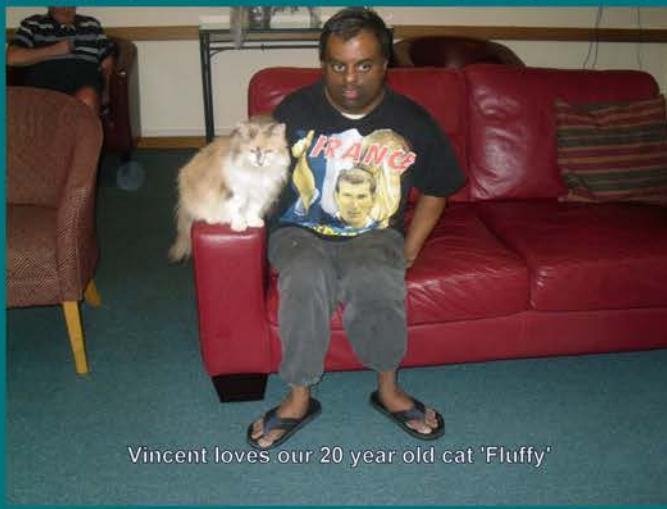
Tree Root Damage causing continual flooding to the Special Olympics Office until we got to the 'root' of the problem!



Summer Fun at the Viaduct Basin



Visits to Arkles Bay



January 2014 a selection of some of the residential outings

SUMMER 2014 OUTDOOR GAMES







Photos of the flood at Duncan House at Arkles Bay



Duncan House at Arkles Bay is a happy holiday home where Bev and Jacquie spoil the holiday guests.



Puhoi Pub is a popular lunch spot as are the visits on the Glass Bottom boat at the Goat Island Marine reserve at Leigh



Duncan House visit to Kaipara Coast Gardens

Celebrating World 'Down Syndrome' day party March 2014





3 March 2014 at the Civic to see Mama Mia





Lee-anne shared her Graduation success with the delighted residents



Chris at work



Andrea & Filia at work FEB 2014



Janice



Janice at work



Sunflower seeds are a valuable food



Jamie and David

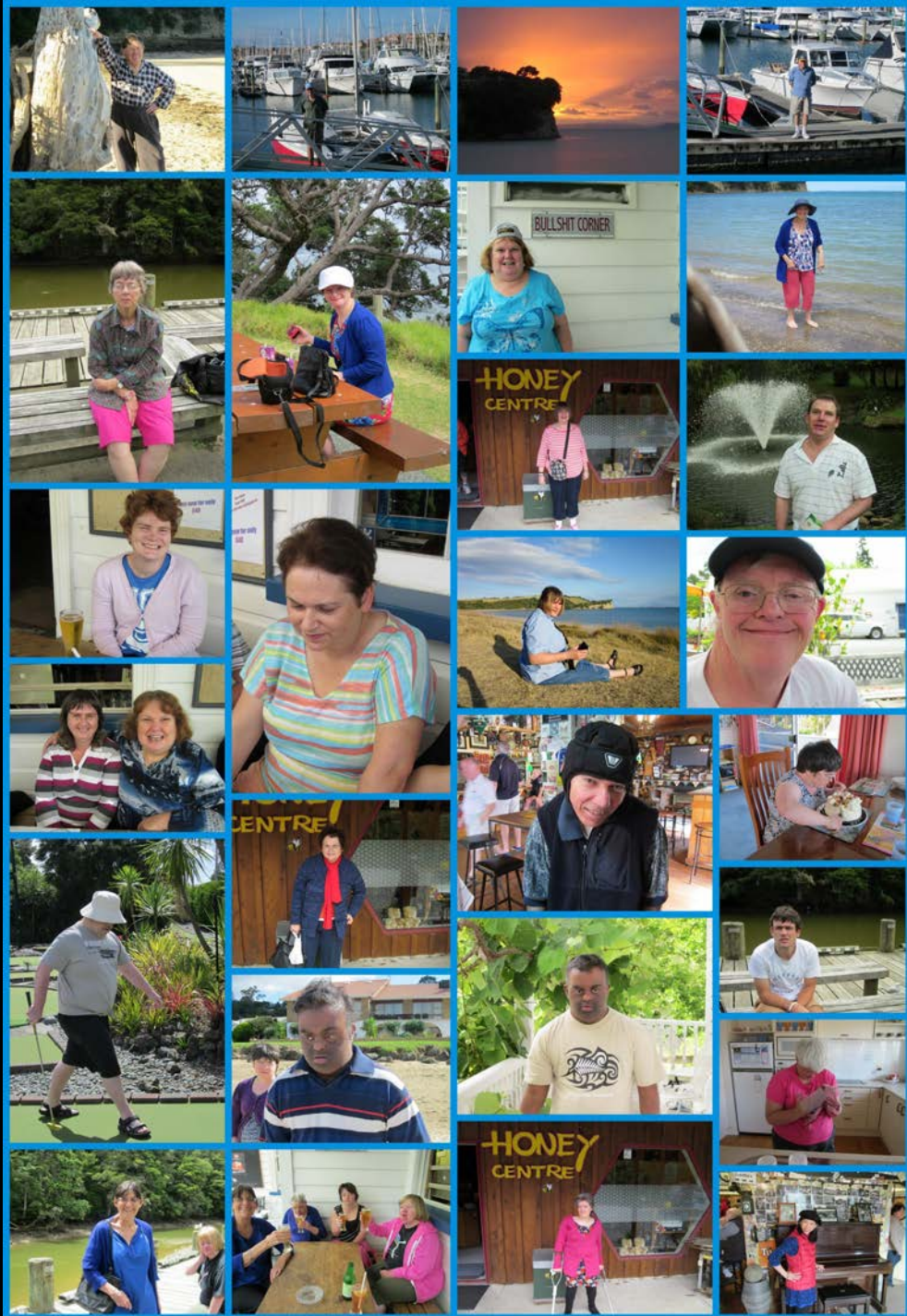




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ONE WAY	RETURN
Free	Free
Gold Coin	Gold Coin
\$8.00	\$10.00
\$12.00	\$18.00
\$10.00	\$12.00
\$30.00	\$45.00
(\$4.00) \$2.00 Cystals	



May 2014 Papamoa Holiday for the Activity Centre students



ARKLES
BAY
FUN





First Aid Training and a mixture of delightful photos



2014 Laan enjoying the computer group

Laan our Matriarch is still enjoying the challenge of typing on the computer as much as possible.



A Poignant ANZAC day service held annually at Ranfurly by Clive



Cup Cake Day accompanied by the happy interaction of 'Meet the Animals Day'



Some of the successful tournament players from the Ranfurly Special Olympic Indoor Bowling team



Our art director Melissa has created an amazing Creative space applauded by Arts Access Aotearoa



Bronwyn's Drama class - 'CHEFS' 2014





2014 The happy team putting away the Houses winter firewood







Cornwall Park Outings to Waiheke , Sky Tower and the Chocolate Factory



CPA OUTINGS 2014





Diwali Festival October 2014



The Activity Centre "Around the World" mid year get together party













Party time in the Recreation lounge at Cornwall Park



CORNWALL PARK AVE OUTINGS 2014





The Activity Centre Art Exhibition 'Visions'









CONGRATULATIONS to all who took part in the 'Freedom Climb' on August 2014 by climbing five Mountains



The 'Wonder of Christmas' loved by all who visited the Te Atatu Baptist Church



The annual Activity Centre Nativity included pupils from Louise Porter's Baradene orchestra coming to play in their holiday time. We would have been lost without Louise's beautiful voice for the carol singing!



This year the Nativity play celebrated Samuel Marsden's first sermon in the Bay of Island—above are some of Ranfurly's Kapa Haka group taught by Wendy Simon







Our thanks to Neville Porter for sending these delightful Nativity photos



We will end with more happy Christmas photos



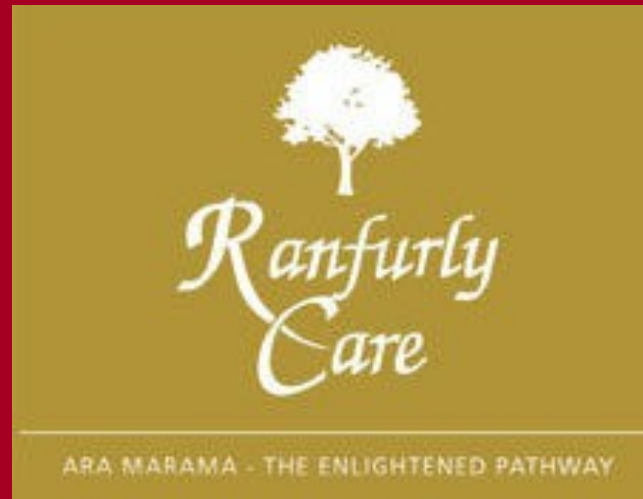
Staff Christmas party held December 2014



Graduation 18/12/2014



**We close with Nina's Graduation photos,
Farewell to Nina at the
December Cornwall Park Residents
Christmas party**



www.ranfurlycare.co.nz